

Study	Randomisation process	Deviations from the intended interventions	Missing outcome data	Measurement of the outcome	Selection of the reported result	Overall
Kant et al. 2008	+	!	-	+	-	-
Lexis et al. 2011	!	+	+	-	+	-
Garnter et al. 2013	+	!	!	+	+	!
Boiler et al. 2014	+	+	+	+	+	+
Wang et al. 2007	+	+	+	+	+	+
Farzanfar et al. 2011	+	!	-	+	-	-
Addley et al. 2014	!	+	-	!	+	-
van Holland et al. 2017	-	-	-	!	+	-
Steel et al. 2022	!	-	!	+	!	-

+ Low risk  
! Some concerns  
- High risk

**Figure 1.** Summary risk of bias judgements in each domain, and overall, for each study. Note. Farzanfar et al. (2012) and Addley et al. (2014) assess risk of bias pertaining to per-protocol effect. All other studies focus on intention to treat data.