

Supplemental_Table 2 Distribution of attributes by frequency of long working hours

		Frequency of long working hours (over 205 h/mo)						
		Zero (n=12,394)	Once (n=1,049)	Twice (n=617)	Three times (n=478)	Four times (n=392)	Five/Six times (n=213)	Total (n=15,143)
Sex	Men	7334 (59.2)	907 (86.5)	557 (90.3)	418 (87.4)	361 (92.1)	190 (89.2)	9767 (64.5)
	Women	5060 (40.8)	142 (13.5)	60 (9.7)	60 (12.6)	31 (7.9)	23 (10.8)	5376 (35.5)
Age	≤29 years	2227 (18.0)	216 (20.6)	146 (23.7)	111 (23.2)	91 (23.2)	51 (23.9)	2842 (18.8)
	30–39 years	3093 (25.0)	275 (26.2)	162 (26.3)	141 (29.5)	113 (28.8)	67 (31.5)	3851 (25.4)
	40–49 years	3028 (24.4)	266 (25.4)	141 (22.9)	99 (20.7)	95 (24.2)	43 (20.2)	3672 (24.2)
	50–59 years	2578 (20.8)	228 (21.7)	130 (21.1)	103 (21.5)	81 (20.7)	47 (22.1)	3167 (20.9)
	≥60 years	1468 (11.8)	64 (6.1)	38 (6.2)	24 (5.0)	12 (3.1)	5 (2.3)	1611 (10.6)
Employment type	Regular employee	7667 (61.9)	996 (94.9)	590 (95.6)	455 (95.2)	382 (97.4)	205 (96.2)	10295 (68.0)
	Non-regular employee	4727 (38.1)	53 (5.1)	27 (4.4)	23 (4.8)	10 (2.6)	8 (3.8)	4848 (32.0)
Job type	Managerial	1884 (15.2)	283 (27.0)	154 (25.0)	126 (26.4)	81 (20.7)	59 (27.7)	2587 (17.1)
	Professional, technical, and research	971 (7.8)	193 (18.4)	103 (16.7)	82 (17.2)	70 (17.9)	33 (15.5)	1452 (9.6)
	clerical	1966 (15.9)	140 (13.3)	83 (13.5)	44 (9.2)	18 (4.6)	6 (2.8)	2257 (14.9)
	Sales & merchandising	1227 (9.9)	20 (1.9)	4 (0.6)	2 (0.4)	1 (0.3)	1 (0.5)	1255 (8.3)
	Sales & marketing	1469 (11.9)	103 (9.8)	60 (9.7)	24 (5.0)	7 (1.8)	6 (2.8)	1669 (11.0)
	Service workers	3316 (26.8)	52 (5.0)	12 (1.9)	10 (2.1)	6 (1.5)	5 (2.3)	3401 (22.5)
	Transportation	39 (0.3)	2 (0.2)	2 (0.3)	3 (0.6)	0 (0.0)	0 (0.0)	46 (0.3)
	Construction	478 (3.9)	205 (19.5)	177 (28.7)	161 (33.7)	194 (49.5)	96 (45.1)	1311 (8.7)
	Production and technical workers	164 (1.3)	14 (1.3)	5 (0.8)	8 (1.7)	3 (0.8)	2 (0.9)	196 (1.3)
Others	880 (7.1)	37 (3.5)	17 (2.8)	18 (3.8)	12 (3.1)	5 (2.3)	969 (6.4)	
Shift work	No	11394 (91.9)	1032 (98.4)	606 (98.2)	470 (98.3)	386 (98.5)	210 (98.6)	14098 (93.1)
	Yes	1000 (8.1)	17 (1.6)	11 (1.8)	8 (1.7)	6 (1.5)	3 (1.4)	1045 (6.9)
COVID-19	No experience	8803 (71.0)	488 (46.5)	239 (38.7)	141 (29.5)	61 (15.6)	57 (26.8)	9788 (64.6)
	Experienced	3591 (29.0)	561 (53.5)	378 (61.3)	337 (70.5)	331 (84.4)	156 (73.2)	5354 (35.4)