

Supplemental Table 1 Distribution of attributes by average working hours

		Working hours categories (average of 6 months)											
		<140 h/mo		140–180 h/mo		180–205 h/mo		205–220 h/mo		≥220 h/mo		Total	
		(n=2,454)		(n=9,793)		(n=2,287)		(n=424)		(n=185)		(n=15,143)	
		n	(%)	n	(%)	n	(%)	n	(%)	n	(%)	n	(%)
Sex	Men	960	(39.1)	6305	(64.4)	1949	(85.2)	379	(89.4)	174	(94.1)	9767	(64.5)
	Women	1494	(60.9)	3488	(35.6)	338	(14.8)	45	(10.6)	11	(5.9)	5376	(35.5)
Age	≤29 years	407	(16.6)	1840	(18.8)	444	(19.4)	110	(25.9)	41	(22.2)	2842	(18.8)
	30–39 years	601	(24.5)	2431	(24.8)	634	(27.7)	132	(31.1)	53	(28.6)	3851	(25.4)
	40–49 years	548	(22.3)	2364	(24.1)	614	(26.8)	102	(24.1)	44	(23.8)	3672	(24.2)
	50–59 years	457	(18.6)	2115	(21.6)	480	(21.0)	70	(16.5)	45	(24.3)	3167	(20.9)
	≥60 years	441	(18.0)	1043	(10.7)	115	(5.0)	10	(2.4)	2	(1.1)	1611	(10.6)
Employment	Regular employee	490	(20.0)	7069	(72.2)	2139	(93.5)	413	(97.4)	184	(99.5)	10295	(68.0)
	Non-regular employee"	1964	(80.0)	2724	(27.8)	148	(6.5)	11	(2.6)	1	(0.5)	4848	(32.0)
Job type	Managerial	37	(1.5)	1747	(17.8)	651	(28.5)	103	(24.3)	49	(26.5)	2587	(17.1)
	Professional, technical, and	109	(4.4)	879	(9.0)	361	(15.8)	68	(16.0)	35	(18.9)	1452	(9.6)
	Clerical	336	(13.7)	1576	(16.1)	319	(13.9)	22	(5.2)	4	(2.2)	2257	(14.9)
	Sales & merchandising	318	(13.0)	903	(9.2)	34	(1.5)	0	(0.0)	0	(0.0)	1255	(8.3)
	Sales & marketing	75	(3.1)	1362	(13.9)	218	(9.5)	12	(2.8)	2	(1.1)	1669	(11.0)
	Service workers	1223	(49.8)	2040	(20.8)	128	(5.6)	9	(2.1)	1	(0.5)	3401	(22.5)
	Transportation	20	(0.8)	17	(0.2)	8	(0.3)	1	(0.2)	0	(0.0)	46	(0.3)
	Construction	20	(0.8)	576	(5.9)	433	(18.9)	194	(45.8)	88	(47.6)	1311	(8.7)
	Production and technical workers	49	(2.0)	119	(1.2)	21	(0.9)	5	(1.2)	2	(1.1)	196	(1.3)
Others	267	(10.9)	574	(5.9)	114	(5.0)	10	(2.4)	4	(2.2)	969	(6.4)	
Shift work	No	2087	(85.0)	9180	(93.7)	2234	(97.7)	414	(97.6)	183	(98.9)	14098	(93.1)
	Yes	367	(15.0)	613	(6.3)	53	(2.3)	10	(2.4)	2	(1.1)	1045	(6.9)
COVID-19	No experience	1629	(66.4)	6714	(68.6)	1308	(57.2)	102	(24.1)	36	(19.5)	9789	(64.6)
	Experience	825	(33.6)	3079	(31.4)	979	(42.8)	322	(75.9)	149	(80.5)	5354	(35.4)