

Appendix A

Occupational Demand Level and SSYK Categories

Physical Demand Level	SSYK Classification Category	Number of Subjects	Men (N) Women (N)
Light work	11 - Legislators	7	2
			5
	12 – Management work in large and medium sized enterprises	304	142
			162
	13 – Management work in smaller companies, government agencies, et	293	99
			194
	21 – Work requiring theoretical specialist competence in engineering, computer science, etc	176	114
			62
	22 - Work requiring theoretical specialist competence in biology, health care (includes doctors, dentists)	334	43
			291
	23 – Teaching work in universities, upper & lower secondary schools	803	92
			711
	24 - Other work requiring theoretical specialist competence (auditors, lawyers, museum officials, journalists, clergy)	756	134
			622
	33 – teacher work requiring short college education	367	13
			354
	34 – Other work requiring shorter university education (brokers, agents, administrative assistant)	1439	325
			1114
	41 – Office work, etc	2128	181
			1947
	42 – Customer services clerks	374	4
			370
	52 – Retail sales, etc	778	58
			720
Light to moderate work	31 – Engineering and engineering work, etc		
	32 – Work in the field of biology, healthcare requiring shorter university education (dental hygienists, physical therapists, land masters, nurses)	621	14
			607
	51 – Service, care, and safety work (restaurant staff, healthcare assistants, hairdressers, security staff, prisoner officers)	3922	121
			3801
Moderate work		289	120

	61 – work in agriculture, garden, forestry, and fishing		169
	73 – fine mechanical and graphic arts and crafts, etc	79	26 53
	74 – other craft work (bakers, carpenter, tailor, furrier)	76	20 56
	91 – service work without the requirement of special vocational training (market and retailers, office cleaners, newspaper distributors) *excluded cleaning and recycling workers (915), categorized as heavy	1320	93 1227
	93 – other work without the requirement for special vocational training (agriculture assistant, handbag maker, goods managers)	240	75 165
Heavy labor work	71 – mining, construction work	415	379 36
	72 – metal crafts, repair work, etc	304	267 37
	81 – plant and related operators (foundry, mills, steelworks)	59	39 20
	82 – machine operator and assembly work	854	323 531
	83 – transport and machine operations	297	242 55
	915 – cleaning and recycling workers	27	24 3