Appendix: AUDIT-C

The AUDIT-C is scored on a scale of 0-12 points, based on the three questions below. A score of 5 points or more (for men), and 4 points or more (for women) is an indication of problematic alcohol use, and requires the remaining seven questions of the 10-questions AUDIT instrument to be completed. The AUDIT-C score identifies at-risk drinkers who are not necessarily alcohol-dependent. If the respondent answers ‘never’ to the first question, the minimum score is ‘0’. In that case, one can stop screening.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Questions** | **Scoring system** | | | | | **Score** |
| **0** | **1** | **2** | **3** | **4** |
| Q1: How often did you have a drink containing alcohol in the past year? | Never | Monthly or less | 2 to 4 times a month | 2 to 3 times a week | 4 or more times a week |  |
| Q2: How many drinks containing alcohol did you have on a typical day when you were drinking in the past year? | 1 to 2 drinks | 3 to 4 drinks | 5 to 6 drinks | 7 to 9 drinks | 10 or more drinks |  |
| Q3: How often did you have six or more drinks on one occasion in the past year? | Never | Less than monthly | Monthly | Weekly | Daily or almost daily |  |
| **TOTAL** | | | | | |  |

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