

Supplementary table 2 – sensitivity analysis of between group means

Post Training Measure	Data Collection	SPEAR Mean (SD)	Control Mean (SD)	<i>p</i>
Common Mental Disorder symptom score	Baseline	1.27 (1.92) (358)	1.01 (1.68) (349)	<0.05
	Post P1	1.63 (2.11) (334)	1.49 (1.98) (321)	0.46
	Follow-up	1.05 (1.99) (260)	1.04 (2.13) (220)	0.71
PTSD symptom score	Baseline	0.39 (0.93) (358)	0.38 (0.95) (347)	0.67
	Post P1	0.35 (0.90) (332)	0.38 (0.93) (319)	0.39
	Follow-up	0.40 (1.03) (258)	0.39 (1.02) (220)	0.99
Alcohol Misuse score	Baseline	4.28 (2.39) (356)	4.22 (2.18) (348)	0.87
	Post P1	3.98 (2.04) (334)	3.83 (2.05) (321)	0.36
	Follow-up	5.26 (2.41) (259)	4.91 (2.47) (220)	0.99
Mental Health Stigmatisation score	Baseline	3.11 (2.67) (357)	3.49 (2.71) (347)	<0.05
	Post P1	2.83 (2.48) (334)	2.87 (2.90) (319)	0.51
	Follow-up	2.88 (2.80) (260)	3.01 (2.80) (219)	0.12