and working periods. The PEF assessment graphic and job history were interpreted as; compatible with OA, compatible with WEA and technically not approved.

Result Two hundred and fourteen patients admitted to our clinic with WRA suspicion between November 2013 and June 2016. They were referred by an occupational health specialist, personal application, second- or third-line chest disease specialists [61 (28%), 51 (23%), and 102 (47%) respectively]. Fifty-four patients (25%) were diagnosed with occupational asthma (OA), and 24 (11%) with work exacerbated asthma (WEA), total 78 workers diagnosed with WRA. Twenty five (32,1%) had allergic chinitis. The most commonly used test were PEF monitoring and BPT respectively.

Discussion PEF monitoring, non-specific BPT and skin prick test for suitable cases would be sufficient besides occupational history and clinical properties for the diagnosis of WRA. PEF assessment, one of the most important tests for the diagnosis of WRA, must be performed.

Abstracts

1512 ASTHMA CONTROL AND WORK DISABILITY IN SUBJECTS PREVIOUSLY EVALUATED FOR WORK-RELATED ASTHMA WITH SPECIFIC INHALATION CHALLENGE

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Background Currently available studies show that removal of subjects affected by occupational asthma from exposure does not always lead to an improvement in respiratory function. The cause of this is still unclear. The aim of our study was to evaluate in 2017 lung function and severity of asthma in subjects who underwent specific inhalation challenge (SIC) between 2006 and 2015 for work-related asthma.

Methods Clinical charts of 35 workers who underwent SIC have been evaluated. They were interviewed by telephone using a questionnaire to assess demographic data, respiratory symptoms and work disability. The severity of asthma was evaluated according to the GINA guidelines and asthma control was assessed by Asthma Control Questionnaire (ACQ). 18 workers agreed also to perform also spirometry.

Results 10 subjects had a positive SIC and 25 a negative SIC. Subjects with positive SIC had more frequently moderate persistent asthma treated with a combination of inhaler steroids and a bronchodilator (67%) and those with negative SIC had more frequently intermittent asthma (63%) treated with salbutamol as needed (p<0.05). The score of ACQ was greater among subjects with positive SIC than with negative SIC (11 vs 4, p<0.05). Spirometry on 18 subjects showed among those with positive SIC a FEV1 lower (- 6% in mean) and a RV greater (+15%) compared to those with negative SIC. Subjects with positive SIC had more economic loss than subjects with negative SIC (p<0.05).

Conclusions Subjects who have had a positive SIC showed more severe asthmatic symptoms with lower asthma control despite current pharmacological therapy. They also had a higher RV than subjects with negative SIC. This could be a relevant parameter to evaluate in subjects with occupational asthma to improve asthma control.

736 ACUTE IRRITANT-INDUCED ASTHMA CAUSED BY OZONE

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Introduction Ozone-generating UV-lamps are used to remove unwanted grease from ventilation systems.

Irritant asthma after exposure to artificially produced ozone has been described at a Norwegian fish hatchery and a sewage plant, as well as in the Swedish paper industry.

We present cases that developed asthma after an accident with ozone-producing UV-systems in a restaurant kitchen.

Methods Case series Seven subjects that developed asthma were studied in relation to exposure, symptoms, medical history and clinical findings including lung function measurements, reversibility of airflow limitation and bronchial hyperresponsiveness (BHR) to methacholine, both shortly after the accidental exposure and two years after the incident.

Result Out of a total number of 127 possibly ozone-exposed employees, 55 employees reported symptoms, and seven employees were diagnosed with occupational asthma after the incident. Six of these seven subjects had either positive reversibility and/or positive BHR tests.

Two years after cessation of exposure all seven subjects still needed treatment for asthma.

Three of the subjects had BHR despite the use of inhaled corticosteroids, all graded as ‘very mild BHR’. FVC, FEV1, FEV1/FVC ratio and FeNO values were within normal range in all cases. None had long absence from work or needed emergency treatment in hospital for their asthma.

Discussion The adverse impact of ozone exposure on the airways is well known from epidemiological studies, where the focus has been on the negative health effects of ozone (O3) in ambient air, especially in large cities. Commercial use of the ozone gas’ odour absorbing and germ-killing properties has become more common in the last decade.

Accidents involving ozone gas from air purifiers with UV-lamps may cause acute irritant asthma. There is a need for greater awareness in the use of ozone-generating devices.
Results A 28-year-old female experimental animal trainer was referred for suspected occupational asthma. She worked with rhesus monkeys for about 6 years, as a lab technician in a university neurophysiology lab, performing mainly cognitive testing. She had daily contact with the test animals. The animals were living on sawdust.

The patient experienced respiratory symptoms 2 years after she started working on the experimental lab. She had progressive wheezing and non-productive cough. The respiratory symptoms were accompanied by irritation of eye and nose mucosa, itching papules on forearms with accidental blood splashes or scratch injuries by the monkeys, spontaneously disappearing after 10 min.

Specific IgE test to rhesus monkey was not available; screening to other possible (extra-) professional exposed allergens was negative. Her total serum IgE was not elevated (55 kU/L), blood eosinophil count was elevated (0.3 x 10^9; 6.9%). Spirometry showed supra-normal volumes and normal exhaled nitric oxide (FENO 16.40 ppb at flow of 50 ml/sec). Histamine provocation test showed a mild bronchial hyperreactivity (PC20=1.47 mg/ml). Serial peak expiratory flow recordings performed were suggestive of occupational asthma (OAJSYS-score=3.67).

We did not perform skin prick testing with rhesus monkey saliva, blood, urine or hairs (epithelium) because of ethical reasons (possibility of infectious contaminated material). So we decided to perform ex vivo testing (basophil activation test).

Conclusion This is the first case demonstrating the possible role of rhesus monkey exposure in the development of occupational asthma.

Introduction Air pollution in developing countries is causing respiratory disorders and is especially affecting health of persons who are on the road for longer period due to their occupation. Objective of this study was to find the extent of air pollution on road leading to respiratory disorders in two wheeler riders employed in home delivery service.

Methods Permission from concerned authorities and consent from volunteers was taken. Automobile exhaust emission was tested in 100 vehicles, 25 in each group of (above 10 years old) cars, buses, trucks and auto rickshaws. Clinical findings were recorded for 100 two wheeler riders employed in home delivery service. PFT results were compared with 100 PFT reports of employees in office work, as control. In control group only PFT reports were checked as employees were not involved.

Results 28% vehicles had higher than standard emission readings. PFT reports of home delivery service employees showed 24 of them had mild/moderate obstructive pathology. 36 persons had symptoms of allergic bronchitis, 31 persons had irritation in nose and throat and 18 persons had irritation in eyes. Control group showed abnormal findings in 8 PFT reports.

Conclusion Creating awareness and educating public about air pollution on road due to automobiles exhaust is necessary. Implementation of strict administrative engineering controls for regular maintenance of vehicles and enforcement of rules, regulations on vehicle emission standards and fuel quality standards will make a great difference in reducing air pollution. Encouraging mass transport, pooling of cars and electric vehicles will reduce air pollution in developing countries. These measures will change the scenario to a pollution free road to produce a positive effect on health of people who are on the road for a longer time due to their occupation and also on health of the general public.