registered in the Danish Hip or the Danish Knee Arthroplasty Registers (DHA/DKA) with a diagnosis of primary OA were sent a detailed questionnaire regarding previous occupation, related exposures and complementary environmental factors. The analyses included cumulated exposures, McNemar’s X² tests, and conditional logistic regression including gene-exposure-interaction variables.

Results 1181 twins responded (rate 58.9%). Responder analyses did not display any significant difference across non-responders with respect to diagnosis, zygosity and sex. We found a gene-exposure effect modification in hip OA-lifting and lifting-walking with OR’s 17.7 (1.1–280.2) and 10.4 (1.00–107.1), respectively, and a clear dose-response relationship between hip OA and prolonged standing-walking. Significant occupational risk factor in knee OA was kneeling, but no gene-kneeling interaction was detectable.

Conclusion Gene-exposure effect modification may be important in the development of hip OA in particular exposures to lifting and lifting-walking, but not in knee OA.

385 A COMPARATIVE STUDY OF MUSCULOSKELETAL SYMPTOMS AND WORK-OR STUDY-RELATED IMPACT FOR PROFESSIONAL AND PRE-PROFESSIONAL MUSICIANS

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Introduction Musculoskeletal symptoms are common in musicians, but little is known of the work- or study-related impacts, nor how they compare with other groups. The aim of this study was to compare professional musicians and pre-professional musicians (university music students), with a reference group, regarding the prevalence of musculoskeletal symptoms and their impact.

Methods A questionnaire survey was distributed to university music students and professional musicians, as well as non-music university staff and students (the reference group). Ache, pain and discomfort in the previous 12 months were determined using a modified Nordic Musculoskeletal Questionnaire, as well as the work- and study-related impact of these symptoms. Descriptive statistics were reported, and comparisons were made adjusting for age and gender. A 5% level of significance was used.

Results Symptom prevalence was high in both groups (86% for musicians and 91% for the reference group), principally in the neck, shoulder and lower back regions. After adjusting for age and gender, symptoms in the wrist/hand region were more common for musicians (OR 1.55, 95% CI: 1.12 to 2.15), and ankle/foot (OR 0.40, 95% CI: 0.27 to 0.58) when compared with the reference group.

Discussion Musculoskeletal symptoms were common in both groups, with musicians more likely to experience wrist/hand symptoms. Musicians’ were more likely to experience an impact from musculoskeletal symptoms on their work or study. Implications will be discussed.

1428 ASSOCIATION BETWEEN KINESIOPHOBIA AND PRESENTEEISM AMONG ELDERCARE WORKERS WITH LBP

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Introduction Presenteeism has an impact on socioeconomic burden. Low back pain (LBP) is also prevalent problem in eldercare workers and causes presenteeism. Kinesiophobia (fear of movement) is an important psychosocial factor because it is shown more disabling than pain itself. For resolving presenteeism, this study aimed to elucidate the association between kinesiophobia and presenteeism among eldercare workers with LBP.

Methods In this cross-sectional study, we identified 548 eldercare workers with LBP from the database collected in 2014. 343 participants were included for statistical analyses (median age 48 years old, female 83.7%). To measure kinesiophobia, we used the 11-item Tampa Scale for Kinesiophobia (TSK). TSK score ranges from 11 to 44, with higher score indicating higher kinesiophobia. 25-item Work Limitations Questionnaire (WLQ) was used to evaluate presenteeism and consisted of ‘Time Management’ (TM), ‘Mental-Interpersonal Demands (MID)’, ‘Physical Demands (PD)’, and ‘Output Demands (OD)’. Productivity loss (%) was estimated from WLQ using algorithm, and categorised into none (<5%), mild (5% to 10.9%), moderate (11% to 16.9%), and severe presenteeism (17%–). WLQ subscales were also categorised into quartile. For the univariate and multivariate analyses, ordinal logistic regression analyses were performed to test associations of TSK score with presenteeism. Covariates were demographic data, LBP status, lifestyle-related factors, and psychosocial factors. Proportional odds ratios (OR) and 95% confidence intervals (95% CI) were estimated.

Results In the univariate analysis, TSK score was significantly associated with productivity loss and all WLQ subscales. After adjusting for covariates, higher TSK score was significantly associated with larger productivity loss (OR=1.11, 95% CI: 1.06 to 1.17). Associations of TSK score with all WLQ subscales also remained significant after adjustment for covariates (TM; OR=1.05, 95% CI: 1.01 to 1.09, MID; OR=1.10, 95% CI: 1.05 to 1.15, PD; OR=1.05, 95% CI: 1.00 to 1.09, OD; OR=1.05, 95% CI: 1.01 to 1.10).

Conclusion This study suggests that kinesiophobia could be an important factors related to presenteeism among eldercare workers with LBP.

27 ERGONOMIC RISK FACTORS IN INTENSIVE CARE UNIT AND MUSCULOSKELETAL SYMPTOMS

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Introduction LBP, as one of the most common musculoskeletal symptoms, is also highly prevalent in the Intensive Care Unit (ICU). The aim of this study was to determine the factors associated with LBP in ICU nurses.

Methods A cross-sectional study was conducted in a 15-bed ICU with 13 nurses. A self-administered questionnaire was used to collect data on socio-demographic characteristics, occupation-related factors, and non-occupation-related factors. The data were analyzed using descriptive statistics and logistic regression. The significance level was set at 0.05.

Results The prevalence of LBP was 23% among the nurses. The most common symptoms were lower back pain (54%), neck pain (46%), and shoulder pain (38%). The risk factors associated with LBP were standing and kneeling for long periods, lifting patients, and working with heavy patients.

Discussion The results of this study highlight the importance of ergonomic interventions to reduce LBP among ICU nurses. These interventions should include ergonomic training, proper workstations, and regular breaks.

Conclusion Further research is needed to develop effective ergonomic interventions specifically tailored to the needs of ICU nurses.