Abstracts

1636a INTRODUCTION TO MINING HAZARDS AND GOOD PRACTICES IN FORMAL AND INFORMAL MINING

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Mining is among the most hazardous workplaces at a global level. Accidents as well as pneumoconiosis, poisonings and cancers take a high dead toll among miners. Other diseases due to heavy workload, noise, vibrations and high or low temperature such as hearing loss, white fingers, carpal tunnel syndrome and muscle and back pain are not only serious but also serious for the miners. In this session we will be presented for miner’s liver and kidney diseases, which might have a connection to the high temperatures, dehydration and salt depletion in mines as also described in some farmers studies from Central America. Implementation of OHS preventive measures in mining is often difficult due to the mostly unregulated small scale and artisanal mining taking place in mainly low-income countries were rules and regulations are hard to enforce. Some key issues in prevention are appropriate laws and their enforcement, banning of toxic mining processes, better environmental control and education and new technology such as cooling wests used for prevention of heat distress among others.

1636b MINING WORKERS, ADMINISTRATIVE TASK, OBESITY, HYPERTRIGLYCERIDEMIA, AND YOUNG WORKERS INCREASED RISK LIVER FUNCTION ELEVATION AMONG INDONESIAN MALE WORKERS

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Introduction Mining workers have potential risks to be exposed by many toxicants. Due to the majority of toxicants metabolised through the liver this may be high risk of the liver function alteration due to occupational and non-occupational health hazards exposures. The purpose of this study was to explore the risk of mining worker to have liver function elevation (LFE) adjusted by other risk factors.

Methods A comparative cross sectional study was conducted to examine the secondary data of 2016 annual medical examination results of 5634 workers from six various industries in Indonesia. The data subjects consisted of 447 of those who had a LFE compared with 1341 subjects were randomly chosen from those data whose were normal in liver function enzyme. Liver function elevations were considered on the basis of serum aspartate aminotransferase and/or alanine aminotransferase level more than 5 points above reference levels. The risk of mining workers to have liver function elevation were calculated using Odds Ratios and adjusted by Type of Task, Chemical Exposure History, Age, Body Mass Index, Medical History and Triglyceride Level.

Result This study analysed 1781 male workers (31.0 ±7.4 years). No significant associations were observed between outcome and medical history of diabetes mellitus and liver disease as well as alcohol consumption, smoking, physical exercise, and chemical exposure history. Risk factors associated with LFE were identified including obesity (OR 4.0, 95% CI: 3.1 to 5.0), work in mining sector (OR 2.0, 95% CI: 1.6 to 2.6), role as administrative worker (OR 1.4, 95% CI: 1.0 to 1.8), age <35 years (OR 1.4, 95% CI: 1.1 to 1.9), and hypertriglyceridemia (OR 1.6, 95% CI: 1.3 to 2.1) respectively.

Discussion Attributed risk factors of LFE among worker were identified including occupational, individual and modifiable metabolic risk. Further research is needed to explain the role of occupational exposures in LFE among miners.

1636c MINING WORKERS, OBESITY, KIDNEY DISEASE HISTORY, AND HYPERTENSION INCREASED RISK IMPAIRED KIDNEY FUNCTION AMONG INDONESIAN WORKERS

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Introduction Kidney Disease is a major health problem among productive age group. The purpose of this study was to explore the risk of mining worker to have Impaired Kidney Function.

Methods A comparative cross sectional study was conducted to examine the secondary data of 2016 annual medical examination results of 5634 workers from six various industries in Indonesia. The data subjects consisted of 90 of them who were considered Impaired Kidney Function (IKF) who compared with 430 data subjects were randomly chosen from those who were normal serum creatinine. Those who have serum creatinine (SCr) level >1.2 mg/dL and >0.9 mg/dL for male and female respectively were categorised as IKF. Logistic regression analysis was used and the risk of mining workers to have IKF were calculated using Odds Ratios and adjusted by individual risk factors (age, hypertension, obesity, history of diabetes, history of kidney disease) as well as with occupational risk factors (type of task, chemical exposure, and heat exposure).

Result This study analysed 540 workers (32.4 years±8.5). No significant associations were observed between outcome and medical history of diabetes mellitus, alcohol consumption, smoking, physical exercise, as well as chemical exposure history. Risk factors associated with IKF were identified including work in mining sector (OR 6.4, 95% CI: 4.0 to 10.3), obesity (OR 2.5, 95% CI: 1.5 to 4.0), grade II hypertension (OR 3.8, 95% CI: 1.1 to 13.2), history of kidney disease (OR 9.7,
95% CI: 1.5 to 60.9) respectively having been adjusted by age group and working activity.

Discussion Miners appear to be more susceptible of developing IKF rather than other manufacturing workers. Further research is needed to explain the role of specific occupational exposures in kidney impairment among miners.

**1636d**

**USABILITY TESTING FOR ERGONOMIC CRITERIA MATRIX: CASE STUDY OF A DEEP MINING COOLING VEST**

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**Introduction** Deep mining and ultra-deep mining (UDM) push the boundaries of what is considered tolerable for workers in hot and humid environments. Since ventilation is costly for mining companies, a novel personal protective equipment (PPE), a cooling vest, is a possible means to safeguard the health and safety of miners. Such a PPE must meet both their needs and expectations. The objective of this study was to build a matrix of ergonomic criteria that would help define the base on which a cooling vest would be developed for deep and UDM.

**Methods** First, a literature review was conducted on the constraints and requirements that miners are subjected to in deep mining conditions. Then, a field study was conducted in a mine in Abitibi Témiscamingue, Canada. A convenience sample of 20 participants was used to collect information such as height, weight, PPE worn as well as concerns as to the use of a cooling vest. The information collected was then interpreted to generate the matrix of ergonomic criteria suitable for an UDM environment.

**Results** All participants agreed that a cooling vest would help alleviate the risk of a heat stroke, as well as improve their well-being during work. The main concerns of minors relate to the weight, the comfort and ease of movement. Additional criteria such as design aesthetics, maintenance and conformity to laws, regulations and standard have been added to the matrix. The resulting matrix contains 16 criteria, seven of which are centred on the user and nine on the design of the cooling vest.

**Discussion** We are hopeful the matrix can be validated and that it will be possible to broaden its use to apply it, for instance, in the development of cooling vests for other hot and humid work environments such as foundries and certain construction projects.

**1636f**

**VISION ZERO – THE GLOBAL FUTURE TO PREVENT ACCIDENTS AND DISEASES IN MINING**

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The Singapore World Congress on Safety & Health at Work 2017 truly marked a milestone in prevention. The International Social Security Association (ISSA) launched the Global VISION ZERO Prevention Strategy. As a leading organisation representing more than 320 members in over 150 countries, the ISSA enters a new level of commitment towards ‘zero harm’ and presents a toolset called the ‘Seven Golden Rules’ which delivers hands-on solutions for businesses. The approach gives systematic answers to companies worldwide on how to improve safety and health at work while offering a harmonised, proven toolset for managers.

The Golden Rules span the areas

- Golden Rule 1: Take leadership – demonstrate commitment
- Golden Rule 2: Identify hazards – control risks
- Golden Rule 3: Define targets – develop programmes
- Golden Rule 4: Ensure a safe and healthy system – be well-organised
- Golden Rule 5: Ensure safety and health in machines, equipment and workplaces
- Golden Rule 6: Improve qualifications – develop competence
- Golden Rule 7: Invest in people – motivate by participation

The presentation will discuss the development of the ‘Seven Golden Rules’ by ISSA’s Prevention Section for the Mining Industry and gives insight into the implementation in Germany, where the German social accident insurance foundation for the raw materials and chemical industry – BG RCI introduced it for 35,000 companies.

It will explain the VISION ZERO mindset and experience both internationally and in Germany, and demonstrate what aims, measures and tools have been derived. Furthermore options for cooperation will be discussed.