Method Fifty workers from two yacht factories participated, including 23 FRP laminators and 27 non-FRP workers. Pre-shift colour confusion index (CCI) was measured on the first workday of a week by using Lanthony Desaturated Panel D-15d. Concentrations of volatile organic compounds related to FRP laminating were collected by a stainless canister, and then analysed using a GC/MS. Cumulative working hours for FRP laminating was obtained from daily administrative records of the companies. Logistic regression was used to assess correlation between cumulative working hours (past 0.5, 2, and 8 years) of FRP laminating and pre-shift CCI, where work time and CCI were stratified by median and the model was adjusted for age and regular alcohol consumption.

Results The mean styrene exposure during FRP laminating was 4.2 ppm. The median of cumulative working hours for FRP laminating in the past 0.5, 2 and 8 years was 2, 49, 248 h respectively. Higher cumulative working hours for FRP laminating was associated with poor CCI (past 0.5 yrs, odd ratio (OR)=3.1, p = 0.1; past 2 yrs, OR=4.8, p = 0.03; past 8 yrs, OR=6.5, p = 0.01). The effect of long-term exposure to styrene appeared to be stronger than short-term exposure.

Conclusions Long-term exposure to styrene from FRP laminating was associated with colour vision impairment.

**0234** HEAD AND NECK CANCER AND OCCUPATIONAL EXPOSURE TO ASBESTOS, MINERAL WOOLS AND SILICA: RESULTS FROM THE ICARE STUDY

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10.1136/oemed-2014-102362.280

Objectives To study the associations between head and neck cancer risk and occupational exposure to asbestos, mineral wools and silica.

Method ICARE is a population based case-control study conducted in France. Analyses were restricted to men and included 1833 cases of head and neck squamous cell carcinomas (HNSCC) and 2747 controls. Complete occupational history was collected. Occupational exposures were assessed through job-exposure matrices. Logistic models were used to estimate adjusted odds ratios (ORs) and 95% confidence intervals (CI).

Results Exposure to asbestos was associated with an elevated risk of HNSCC (OR=1.9, CI 1.6–2.3), and the risk increased significantly with the probability, duration and cumulative level of exposure. Significantly increased risks were found for all cancer sites: larynx (OR=2.1, CI 1.6–2.8), hypopharynx (OR=2.0 CI 1.5–2.8), oropharynx (OR=1.6 CI=1.3–2.1) and oral cavity (OR=1.9 CI 1.4–2.6). Conversely, after adjustment for asbestos exposure, exposure to mineral wools was not associated with HNSCC risk (OR=0.8 CI 0.6–1.0), for any of the cancer sites. Exposure to silica was not associated with HNSCC risk overall (OR=0.9 CI 0.7–1.2), but non-significantly elevated ORs were observed for the highest level of cumulative exposure for oropharyngeal (OR=1.6 CI 0.8–3.2) and hypopharyngeal cancer (OR=1.9 CI 0.9–4.1).

Conclusions Our findings confirm the role of asbestos exposure in laryngeal cancer, and suggest that asbestos exposure increases also the risk of oral and pharyngeal cancer. There is some evidence of an association between silica exposure and pharyngeal cancer. Exposure to mineral wools was not associated with HNSCC risk in our study.

**0236** ESTIMATING THE PROPORTION OF OCCUPATIONAL CANCERS WITH MINIMAL RESOURCES: AN EXAMPLE FROM QUEBEC

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10.1136/oemed-2014-102362.281

Objectives To estimate the number of work-related cancer cases and deaths in order to prioritise research activities.

Method Numbers of compensated incident cancers (between 2005–2007) and cancer deaths (between 1997–2005) were obtained from the Quebec Workers’ Compensation Board. A second series of estimates was calculated by applying proportions of cancers attributable to work published for Finland (Nurminen and Karjalainen 2001) and for the United Kingdom (Rushton and colleagues 2012) to Quebec tumour registry data for 28 cancer sites. A comparison of industrial profiles of Finland, United Kingdom and Canada showed reasonable similarities between the countries over the last decades.

Results Compensation statistics reported an annual average of 94 incident cancers and 40 cancer deaths (98–99% men), 60–64% of which being mesotheliomas, followed by respiratory cancers (30–37%). Using published estimates of attributable fractions, it was estimated that 6.0% of incident cancers (men, 9.1%; women, 2.7%) and 7.6% of cancer deaths (men, 11.7%; women, 2.8%) could be attributable to work, resulting annually in 2200 new cancers and 1200 deaths. Incident cancers of the lungs, prostate, bladder, skin and breast (women) were the most numerous, whereas cancer sites resulting in more deaths were lung, breast (women) and mesothelium. On average, 53% of incident mesothelioma cases were compensated yearly.

Conclusions This attempt at better estimating, albeit imperfectly, importance of the burden of cancer from occupational exposures can help prioritise research activities and increase stakeholders’ awareness. However, better estimates of human impact and economic costs are warranted to justify large investments in preventive interventions.

**0237** PSYCHOSOCIAL IMPACTS OF A CONTAMINATED NEEDLESTICK INJURY OR BLOOD AND BODY FLUID EXPOSURE IN HEALTH CARE WORKERS

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10.1136/oemed-2014-102362.282

Objectives This study aims to explore the psychosocial impacts of health care workers (HCW) who were exposed to a contaminated needlestick injury (NSI) or blood and body fluid (BBF) at work.

Method Personal interviews were performed using a phenomenological approach including in-depth interviews for data collection, and expert meetings for data analysis. The
trustworthiness of the study was examined using Lincoln and Guba (1985) principles.

Results Seventeen health care workers participated in our study. There are five main themes generated, including (1) Emotional loading: shock and collapse, fear of being seroconverted to infectious diseases, worry about family members, and damage of the professional image. (2) Disappointment on the working environment: lack of manpower support, feel isolated and helpless. (3) Disapproving eyes: invasion of privacy, fear of being labelled. (4) Impact on life: feelings of life-threatening, prophylaxis of physical discomfort, impact on professional ambitions. (5) Self-adjustment: efforts to recover from the event.

Conclusions A needlestick injury not only causes risk of infection, but has great psychosocial impact to the victims. Intervention should cover psychosocial support to the health care workers in addition to prophylaxis of infection.

0238 LUNG CANCER AND EXPOSURE TO BENZENE, TOLUENE AND XYLENE: RESULTS FROM TWO CASE-CONTROL STUDIES IN MONTREAL

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Objectives We aimed to evaluate the risks of lung cancer associated with exposure to benzene, toluene and xylene.

Method Two population-based case-control studies conducted in Montreal included 1896 lung cancer cases and 1908 controls. Study I was conducted in 1980–1986, and study II in 1995–2001. Occupational exposures were assessed using a combination of subject-reported job history and expert assessment. Participants provided information on sociodemographic characteristics and smoking history. Using logistic regression, we evaluated the risk of lung cancer due to the exposure to each agent.

Results Lifetime exposure prevalence ranged from 12% for xylene to 20% for benzene in study I, and 11% for xylene to 15% for benzene in study II. In both studies, 25% of the participants were exposed to benzene, toluene or xylene. Pooling studies, the odds ratios and 95% confidence interval (OR) for ever-exposure to any of the evaluated agents was 1.2 (1.0–1.4). In analyses including all subjects but only one agent at a time in the models, ORs were around 1.0–1.6. Attempts to estimate ORs for each agent while controlling for the two others resulted in co-linearity.

Conclusions We found no clear indications of an association between lung cancer and exposure to toluene or xylene, but there was some evidence for an association with benzene.

0240 ACUTE EFFECTS OF OCCUPATIONAL NOISE EXPOSURE ON 24-HOUR AMBULATORY CARDIAC PARAMETERS IN WORKERS

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Objectives Exposures to noise may be associated with cardiovascular disease, but the mechanism related to cardiac activity is unknown. This repeated-measure study aimed to investigate effects of occupational noise exposure on 24-hour ambulatory cardiac parameters among aviation industry workers.

Method We recruited 75 volunteers in an aircraft-manufacturing industrial cohort in 2009. Individual noise exposure and personal cardiac parameters, including left ventricular contractility (LVC) and stroke volume (SV), were measured simultaneously over 24 h on working and non-working days. Linear mixed-effects regressions were used to determine transient and sustained effects on ambulatory LVC and SV among high-exposure (≥ 80 A-weighted decibel [dBA]), low-exposure (< 80 dBA) and office workers by controlling for potential confounders.

Results Per 1-dBA increase was significantly associated with the transient effects of -1.30 (95% confidence interval [CI]: -2.16, -1.024) ml/beat in SV and -1.73 (-2.95, -1.03) L/sec in LVC at work on working day only among high-exposure workers. Such decreasing effects on SV (-1.18 [-2.86, -1.09] ml/beat) and LVC (-2.22, -4.43, -1.11) L/sec still persisted in the 30-min time-lagged occupational noise exposure. We also found that 1-dBA increment in 24-hour average noise exposure was significantly associated with a sustained decrease of -1.19 (-1.25, -1.13) ml/beat in SV on working day among high-exposure workers. No significant effects were found among other groups on working day and among all groups on non-working day.

Conclusions Occupational noise exposure may have acute effects on 24-hour ambulatory cardiac parameters among workers. Such effects may be associated with the development of cardiovascular disease.