**Repeat pre and post-shift urinalyses show kidney dysfunction among Costa Rican sugarcane cutters exposed to heat stress**

1,2Jennifer Crowe, 3Maria Nilsson, 3Tord Kjellstrom, 4Manuel Cordes, 4Richard Johnson, 4Catharina Weisinger, Regional Institute for Studies on Toxic Substances (IRIS), 5Umea University, Faculty of Medicine, Department of Public Health and Clinical Medicine, Epidemiology and Public Health Sciences, Umea, Sweden; 6Department of Nephrology, Hospital Mexico, Heredia, Costa Rica; 7Division of Renal Diseases and Hypertension, University of Colorado Anschutz Medical Campus, Colorado, USA; 2Institute of Environmental Medicine, Karolinska Institutet, Stockholm, Sweden

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**Objectives** Sugarcane harvesters in Costa Rica are exposed to heat stress, a likely major risk factor in the Mesoamerican nephropathy epidemic. Routine urinalyses provide important information about kidney function, but have not been reported in detail for this population.

**Method** Sugarcane cutters (n = 48) provided six spot urine samples, pre- and post-workshift for three days during one week in mid-harvest. Chemical analyses with dipstick and microscopic examinations of sediment were performed. Changes over the workday in markers for hydration status and kidney responses to heat stress were evaluated with McNemar test on paired proportions.

**Results** Preliminary results indicate percentages of workers with specific parameters in at least one morning versus in at least one afternoon sample were with dipstick: pH ≤ 5.30% vs 82%, specific gravity ≥ 1.025 30% vs 51%, proteinuria (1+ and up) 86% vs 8%, and blood (traces and up) 28% vs 12%; and in sediment: > 5 leukocytes 76% vs 57%, > 3 erythrocytes 50% vs 37%, and casts (granular, leukocyte and some erythrocyte) 75% vs 39%. Except for erythrocytes in sediment, these differences were statistically significant.

**Conclusions** Concentration and acidification of urine over the workday indicate insufficient hydration. Positive blood on dipstick may be a sign of low-grade hematuria or mild rhabdomyolysis. Predominance of proteinuria, leukocytes, erythrocytes and casts in morning urine was unexpected but may reflect improvement in glomerular filtration with hydration overnight or, alternatively, effects from vasopressin at night. This study adds to an increasing body of evidence of kidney dysfunction among heat stress exposed sugarcane workers.

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**Incorporating more detailed exposure assessment with quantitative estimates is assessing the burden of occupational cancer**

1,2Paul Demers, 3Catherine Demers, 4Hugh Davies, 5Joanne Kim, 6Manisha Patwa, 4Chris McLeod, 4Anne-Marie Nicol, 4France Labrecque, 7Joan Le Voux, 5Sally Hutchings, 7Lesley Rushworth, 7Occupational Cancer Research Centre, Toronto, Canada; 8University of Toronto, Toronto, Canada; 9CAREX Canada, Vancouver, Canada; 2University of British Columbia, Vancouver, Canada; 10Simon Fraser University, Vancouver, Canada; 11Institut de Recherche Robert-Sauvé en Santé Et en Sécurité Du Travail, Montreal, Canada; 12Universite de Montreal, Montreal, Canada; 13Imperial College, London, UK

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**Objectives** In recent years, several new burden projects have been initiated with increased methodological sophistication. Previous studies have varied with respect to methods used to identify the prevalence and relevant levels of exposure, but many have relied on CAREX estimates. In this presentation, we will focus on the impact of incorporating more detailed exposure assessments with quantitative estimates as part of the Canadian burden of cancer project.

**Method** The Canadian exposure estimation process relies on data from CAREX Canada, taking into account industry and occupation at a more detailed level than previously. For many common carcinogens, the Canadian Workplace Exposure Database is used to account for changes in exposure levels over time and quantitative exposure-response relationships from the literature are used to assign relative risks relevant to the mean level of each exposure group. Historical employment trends are based upon census data at multiple time-points with province, sex, industry, and occupation detail.

**Results** Developing estimates for approximately 300 industries, as well as by occupation, and the need for estimating the age and gender characteristics of predicted cases to estimate economic burden, has also increased the complexity of estimating historic labour force dynamics. Annual labour force data 1976–2010 is used to attribute age- and tenure-distribution characteristics by province, sex, and industry.

**Conclusions** Although our main objective was to increase the validity of the burden estimation process, the more detailed exposure estimates allow us to calculated cancer burden for much more specific industry sectors and occupations, allowing for detailed risk reduction strategies.