APPROACHES TO DEVELOPING EXPOSURE ESTIMATES THAT REFLECT TEMPORAL TRENDS IN TOTAL PARTICULATE MATTER IN ALUMINIUM SMELTERS

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Objectives To evaluate different approaches for including time trends in quantitative exposures to total particulate matter (TPM) in an aluminium smelter for use in epidemiologic evaluation of incident heart disease, we compared the use of regression modelling to discrete modelling of changes in the workplace environment.

Method We used an industrial hygiene database containing results for sampling conducted over 30 years and information on workplace environment (e.g. personal protective equipment policy, ventilation modifications, changes to materials or work organisation). The effects of these changes were tested with an analysis of variance model using log-transformed TPM concentrations. We compared the outcome of this approach to the use of a regression model for TPM concentrations over time.

Results Time trends in 57 jobs in an aluminium smelter were evaluated by using 1123 TPM samples collected from 1984–2012. There was an overall decline in median TPM concentrations (mg/m³) at the smelter (3.7% per year). The trend was not observed in the majority individual jobs. The decreasing trend was concentrated in 14% of the jobs. The majority of jobs (61%) had no change over the time period, 19% had no consistent pattern of change, and 5% increased in TPM concentrations.

Conclusions Applying a global trend to worker exposures would result in misclassification error in epidemiologic evaluations. When possible, process changes should be used to define changes in worker exposures rather than using a facility- or industry-wide time trend. Future work will explore regression modelling as a way to explain any remaining time trends in TPM.

PM2.5 AND HEART DISEASE IN A COHORT OF ALUMINIUM WORKERS: AN APPLICATION OF LONGITUDINAL TARGETED MAXIMUM LIKELIHOOD-BASED ESTIMATION (TMLE)

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Objectives We estimated the effect of cumulative exposure to PM2.5 on the incidence of ischaemic heart disease (IHD) in aluminium workers followed for 15 years, adjusting for the healthy worker survivor effect. In previous analyses, higher cumulative exposure was found to be associated with lower mortality in this population.

Method We used longitudinal TMLE to estimate the cumulative risk of ischaemic heart disease in the cohort if constantly exposed above an exposure cut-off and compared it to the risk if constantly exposed below. We stratified all analyses by work process because exposures were an order of magnitude higher in smelters than fabrication facilities.

Results We selected cut-offs a priori at the median and 10th percentile exposure within each sub-cohort. Among the smelter workers, we estimated an increase in IHD risk of 2.1% (p = 0.22) after 15 years, comparing the always exposed to never exposed cohort using the median cut-off of 1.77 mg/m³. The difference was 2.9% (p = 0.01) using the 10th percentile cutoff of 0.10 mg/m³. For the fabrication workers, the differences were 0.1% (p = 0.47) using the median cut-off of 0.20 mg/m³ and 2.5% (p < 0.01) for the 10th percentile cut-off of 0.06 mg/m³. Results are presented as adjusted survival curves, describing the estimated cumulative risk for each cohort under each exposure regimen.

Conclusions The TMLE estimator allows us to observe an association between cumulative PM2.5 exposure and heart disease that was not visible using standard analytical techniques. This work represents the first application of longitudinal TMLE to the field of occupational epidemiology.