INCREASED RISK OF PARKINSONISM ASSOCIATED WITH CUMULATIVE HOURS OF WELDING

Jessica Lundin,1 Harvey Checkoway,1 Susan Criswell,2 Angela Hobson,2 Noah Seixas,1 Bradley Evantoff,2 Lianne Sheppard,1 Brad Racette1 3University of Washington, Seattle, USA; 2Washington University, St. Louis, USA

Objectives Manganese, an established neurotoxicant, is a common component of welding fumes. Symptoms of manganese poisoning include parkinsonism (PS). Prior epidemiologic evidence regarding occupational welding and PS is mixed, and remains highly controversial.

Methods This study investigated the prevalence of PS among 581 active male shipyard welders recruited from a trade union. Study subjects were examined by a movement disorders specialist using the Unified Parkinson’s disease Rating Scale motor subsection 3 (UPDRS3) without knowledge of exposure. PS cases were defined as welders with UPDRS3 score ≥15; this threshold corresponds to the degree of motor impairment found in early, symptomatic Parkinson’s disease. An intermediate group was defined as UPDRS3 score 6–15. Normal was defined as UPDRS3 <6. Exposure was classified as cumulative hours of welding (“welding hours”), based on validated questionnaire data. Prevalence ratios (PR) for PS, adjusted for age, race, smoking, and education, were calculated in relation to quartiles of welding hours.

Results The overall prevalence estimate of PS was 13.1%. We observed a monotonic exposure-response gradient comparing PS cases with normal subjects (UPDRS3<6). PRs (95% CI) for increasing exposure quartiles were: 1.0 (reference), 1.2 (0.6–2.6), 1.4 (0.7–2.8), and 1.6 (0.8–3.1) (p-trend=0.28). There was a much weaker gradient comparing the intermediate UPDRS group and normal subjects: 1.0 (reference), 1.0 (0.7–1.3), 1.2 (0.9–1.6), and 1.2 (0.8–1.6) (p-trend=0.11), respectively.

Conclusions Results from our ongoing epidemiological study of welders support an etiologic relation of welding exposure and PS. Further work will include a non-welding reference group, and will quantify exposure to manganese.