

# Glutathione S-transferases M1-1 and T1-1 as risk modifiers for renal cell cancer associated with occupational exposure to chemicals

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**Aims:** To investigate the possible interaction between occupational risk factors and genotype for glutathione S-transferases M1 and T1 (*GSTM1* and *GSTT1*) in renal cell cancer (RCC).

**Methods:** One hundred patients with RCC and 200 outpatient controls were enrolled at Parma University Hospital. The polymorphisms of glutathione S-transferase M1-1 (*GSTM1*) and T1-1 (*GSTT1*) were investigated by PCR; occupational history was collected by a structured questionnaire.

**Results:** Subjects with *GSTM1* present genotype showed higher risks for RCC, compared to *GSTM1* null subjects, if exposed to metals (OR 2.73; 95% CI 0.91 to 8.22 v 1.14; 95% CI 0.46 to 2.82) or pesticides (OR 3.46; 95% CI 1.12 to 10.74 v 1.59; 95% CI 0.48 to 5.34). The *GSTT1* present genotype also enhanced the risk (about twofold) of RCC among subjects exposed to solvents and pesticides, compared with those *GSTT1* null.

**Conclusions:** Results support the hypothesis that *GSTM1* and *GSTT1* polymorphisms can interact with several occupational exposures to significantly modify the risk of RCC among exposed subjects.

Renal cell cancer (RCC) represents about 3% of all tumours in adults, with increasing incidence in Europe,<sup>1</sup> as well as in the United States.<sup>2</sup> The aetiology of RCC remains unclear, though epidemiological studies indicate that therapeutic agents,<sup>3</sup> smoking habits,<sup>4</sup> obesity,<sup>5</sup> and occupational exposure to chemicals<sup>6</sup> may play a role in the development of this tumour. Occupational exposures to organic solvents, metals, and pesticides have been associated with RCC.<sup>7-8</sup> Mutations of the Von Hippel-Lindau (VHL) tumour suppressor gene, known to occur in 55-70% of familial cases,<sup>9</sup> showed an increased prevalence among RCC cases with a positive history of prolonged occupational exposure to high levels of trichloroethylene (TRI),<sup>10</sup> indicating that a gene-environment interaction may underlie RCC. Other genes have been implicated in the pathogenesis of RCC, such as the tuberous sclerosis gene 2 (TS2)<sup>11</sup> and the WT1 gene, which interfere with several oncogenes, such as *bcl-2* and *c-myc*.<sup>12</sup> Soluble glutathione S-transferases (GST) represent a superfamily of inducible enzymes, comprising at least seven classes of cytoplasmic proteins ( $\alpha$ ,  $\mu$ ,  $\pi$ ,  $\sigma$ ,  $\theta$ ,  $\kappa$ ,  $\zeta$ ),<sup>13</sup> which catalyse the conjugation of glutathione (GSH) with different species of electrophilic compounds. As an effect of genetic polymorphism, *GSTM1* and *GSTT1* activity are lacking in about 50% and 20%, respectively, of Caucasians because of homozygous deletions of the respective genes (*GSTM1* and *GSTT1*).<sup>14</sup> The corresponding genotypes are defined as *GSTM1* null and *GSTT1* null, whereas subjects retaining at least one wild-type allele, and hence displaying *GSTM1*-1 and/or *GSTT1*-1 activity, are indicated as bearing a *GSTM1* present and/or a *GSTT1* present genotype, respectively. Inconsistent results have been reported by studies investigating the role of *GSTM1* and *GSTT1* as risk factors for RCC.<sup>15-16</sup> A significantly higher prevalence of *GSTM1* present and *GSTT1* present genotypes has been shown by Brüning *et al* among sporadic RCC cases with a history of heavy exposure to TRI compared to unaffected and similarly exposed subjects.<sup>17</sup>

The aim of the present case-control study was to investigate the role of the *GSTM1* and *GSTT1* polymorphisms

as risk modifiers of RCC associated with occupational exposure to chemicals.

## METHODS

### Recruitment of subjects

One hundred patients (62 males), with histologically confirmed diagnosis of RCC, were enrolled from the day hospital of the Department of Clinical Medicine, Nephrology and Health Sciences at Parma University, when attending for periodic checks. The control group included 200 patients (120 males) with non-neoplastic diseases, randomly selected from outpatient specialist centres of the same university hospital. Of these 200 controls, 107 patients were attending the haemostasis centre; of the remaining controls, 52 came from the nephrology, 27 from the cardiology, 11 from the ophthalmology, and 3 from the dermatology clinics. Diagnoses were vascular disease (receiving anticoagulant treatment), renal hypertension or chronic renal failure, essential hypertension, glaucoma, and psoriasis. The participation rate differed to some extent depending on the recruiting outpatient centre but was, on average, 90% among controls compared with 97% among cases. The study protocol was approved by the local ethics committee and all subjects gave their written and informed consent. The mean age was 63.1 (SD 8.9) years for interviewed cases and 68.8 (SD 9.5) years for the control group. The prevalence of smokers and ex-smokers was higher among controls than cases (59.5% versus 54%). Both such percentages were higher than those of the general population in Italy, which at the time of the interviews was 46%. There was no difference in gender between cases and controls ( $p = 0.87$ ,  $\chi^2$  test), and also when the sample was stratified for classes of age (table 1).

**Abbreviations:** GSH, glutathione; GST, glutathione S-transferase; OR, odds ratio; PCR, polymerase chain reaction; RCC, renal cell cancer; TRI, trichloroethylene

## Main messages

- In gene-environment interactions, polymorphic xenobiotic metabolising enzymes may play a role as risk modifiers, such a role being only apparent in subjects exposed to relevant substrates.

## Exposure assessment

Cases and controls were interviewed using a structured questionnaire identifying sociodemographic variables, including smoking habits and occupational and medical histories. Information on occupational titles held for more than one year, type of industry during working life, and the number of years of exposure to chemicals or raw materials was collected. Exposure to chemicals at the workplace was assessed blindly by an industrial hygienist unaware of the case/control status. The exposed group comprised subjects occupationally exposed for one year, or more, to at least one of the categories of agents under study (organic solvents, metals, and pesticides).

## Genotyping

The genotypes of *GSTM1* and *GSTT1* were characterised on DNA extracted from 5 ml of peripheral venous whole blood by the Nucleon BACC2 commercial kit (Amersham Life Science, Little Chalfont, UK). Genetic polymorphisms were determined, according to published methods, by a multiplex polymerase chain reaction (PCR), using albumin as the internal control.<sup>18</sup> Among controls, the observed genotype and genotype combination frequencies, reported in table 2, were not significantly different from frequencies previously described among Caucasians.<sup>14</sup>

## Statistical analysis

Logistic regression was used to estimate the odds ratio (OR) along with 95% confidence intervals (95% CI).<sup>19</sup> Significantly increased ORs were referred to when the lower confidence interval exceeded 1.00. All ORs presented here were adjusted by age and smoking habits (current and ex-smokers versus subjects who had never been smokers). In the analysis of gene-environment interaction, we used non-exposed subjects (that is, those not exposed to solvents, metals, and pesticides) with null genotype as the reference. When the combinations of *GSTM1* and *GSTT1* genotypes were considered together with past exposures, none of the cases belonged to the category of GST null people with no exposure. Therefore, the reference group was composed of unexposed subjects bearing either *GSTM1* null or *GSTT1* null. The p value was regarded as significant if it did not exceed 0.05. All analyses were performed using the statistical package SPSS for Windows (version 10.0). Statistical power for gene-environmental interaction was calculated using the software program QUANTO.<sup>20</sup>

## Policy implications

- GST positive individuals might require special protection against the risk of renal cancer associated with exposure to metals, solvents, and pesticides.
- Further studies on much larger populations should be carried out to confirm these findings and to identify specific agents playing a causal role in renal cell cancer.

**Table 1** Characteristics of subjects

	Cases		Controls	
	Male	Female	Male	Female
Age (years)				
≤50	6	4	12	7
>50≤60	14	11	31	27
>60≤70	30	13	46	26
>70≤80	11	9	28	16
>80	1	1	3	4
Smoking habits (males and females combined)				
Current	29		56	
Ex-smokers	25		63	
Never smokers	46		81	
Pack-years, mean (SE)	33.28 (3.55)		30.21 (2.47)	

## RESULTS

In our series, *GSTM1* present genotypes were over-represented among cases compared to *GSTM1* null (OR 1.19; 95% CI 0.73 to 1.92), as were *GSTT1* present versus *GSTT1* null (OR 1.72; 95% CI 0.83 to 3.55), but without reaching statistical significance (table 2). Among cases, compared to controls, the combination of *GSTM1* present and *GSTT1* present genotype prevailed over the combination including at least one defective genotype, but the difference was not statistically significant. Table 3 shows the influence of the *GSTM1* polymorphism on the risk for RCC, among occupationally exposed subjects. The *GSTM1* present genotype was associated with an increased risk for subjects exposed to metals (OR 2.73; 95% CI 0.91 to 8.22) or pesticides (OR 3.46; 95% CI 1.12-10.74) (OR 2.73; 95% CI 0.91 to 8.22) or pesticides (OR 3.46; 95% CI 1.12 to 10.74); whereas the same exposures gave lower point estimates for the risk among *GSTM1* null subjects (OR of 1.14; 95% CI 0.46 to 2.82, and 1.59; 95% CI 0.48 to 5.34, respectively). The distribution of *GSTM1* present and *GSTM1* null genotypes among cases and controls exposed to solvents was not remarkably different. The *GSTT1* genotype status played a significant modulating role in the association between solvent exposure and RCC (table 4); the odds ratio for *GSTT1* present subjects was twofold greater than in *GSTT1* null subjects (OR 7.23; 95%

**Table 2** Odds ratios (OR) for renal cell cancer and their association with glutathione S-transferases M1-1 and T1-1 (*GSTM1* and *GSTT1*) as adjusted for age and smoking habits

Genotypes	Cases	Controls	OR (95% CI)
<i>GSTM1</i> present v <i>GSTM1</i> null	50/50	92/108	1.19 (0.73 to 1.92)
<i>GSTT1</i> present v <i>GSTT1</i> null	89/11	165/35	1.72 (0.83 to 3.55)
<b>Genotype combinations</b>			
<i>GSTM1</i> present and <i>GSTT1</i> present v else*	45/55	73/127	1.40 (0.85 to 2.29)

\*At least one *GSTM1* or *GSTT1* defective genotype is included in the combination.

**Table 3** Odds ratios (OR) for renal cell cancer in relation to occupational risk factors as adjusted for age and smoking habits, and stratified for glutathione S-transferase M1-1 (*GSTM1*)

Genotypes	Cases*	Controls*	OR (95% CI)	p for interaction
<b>No exposure</b>				
<i>GSTM1</i> null	21	63	1.00 (reference)	
<i>GSTM1</i> present	22	66	0.98 (0.48 to 1.96)	
<b>Exposure to solvents</b>				
<i>GSTM1</i> null	15	15	3.06 (1.26 to 7.43)	0.572
<i>GSTM1</i> present	11	13	2.23 (0.82 to 6.12)	
<b>Exposure to metals</b>				
<i>GSTM1</i> null	10	27	1.14 (0.46 to 2.82)	0.093
<i>GSTM1</i> present	9	9	2.73 (0.91 to 8.22)	
<b>Exposure to pesticides</b>				
<i>GSTM1</i> null	11	19	1.59 (0.48 to 5.34)	0.445
<i>GSTM1</i> present	15	11	3.46 (1.12 to 10.74)	

Subjects with *GSTM1* null and none of the exposures under study were used as reference.  
\*Twelve cases and 20 controls with double exposure.

CI 1.87 to 27.87  $\nu$  3.12; 95% CI 0.38 to 25.48). The difference between the point estimates of the risk for *GSTT1* present and *GSTT1* null individuals exposed to metals was rather strong (OR 3.93; 95% CI 1.00 to 15.45, and 1.22; 95% CI 0.08 to 18.10, respectively). Among subjects with a past exposure to pesticides, higher ORs were found in *GSTT1* present groups (OR 6.54; 95% CI 1.49 to 28.81, and 4.37; 95% CI 0.46 to 41.57, for *GSTT1* present and *GSTT1* null, respectively). When the combinations of *GSTM1* and *GSTT1* genotypes were considered together with past exposures (table 5), we observed an absence of cases among those with no exposure, without taking the genotype into account. *GSTM1* present and *GSTT1* present subjects were significantly over-represented among exposed RCC cases, with OR values ranging from 2.91 (95% CI 1.06 to 7.99) for exposure to solvents, to 6.64 (95% CI 1.81 to 24.45) for exposure to pesticides. OR values of the *GSTM1* present and *GSTT1* present subgroup exceeded those found for other genotype combinations in any exposure group.

## DISCUSSION

Whereas a previous analysis of the same sample focused on environmental and occupational factors,<sup>21</sup> in the present case-control study we considered gene-environment

interactions associated with RCC. In particular, the modifying role of polymorphic *GSTM1* and *GSTT1* on the risk of RCC among subjects occupationally exposed to different chemicals was investigated. Only two general population based studies are available on the risk of RCC in relation to *GSTM1/GSTT1* status, and the results seem to be inconsistent. In a French case-control study, *GSTM1* present and *GSTT1* present genotypes were slightly, and non-significantly, over-represented among RCC patients.<sup>15</sup> On the contrary, an American case-control study suggested an association between RCC and the *GSTT1* null genotype, with an OR of 1.9 (95% CI 1.1 to 3.4).<sup>16</sup> Both studies analysed the association of GSTs with RCC, thus treating the genotype as a potential risk factor, rather than a potential risk modifier. However, it is difficult to conceive an association between polymorphic enzymes and any outcome, in the absence of exposure to the relevant substrate(s).

We chose to recruit cases and controls from outpatient clinics of the same university hospital in order to control for recall bias and to obtain a geographical balance between the two groups, thus creating equal possibilities for occupational-environmental exposure among cases and controls. Without considering previous occupational history, the *GSTM1* and *GSTT1* genotypes in our own material are distributed with

**Table 4** Odds ratios (OR) for renal cell cancer in relation to occupational risk factors as adjusted for age and smoking habits, and stratified for glutathione S-transferase T1 (*GSTT1*) activity

Genotypes	Cases*	Controls*	OR (95% CI)	p for interaction
<b>No exposure</b>				
<i>GSTT1</i> null	3	21	1 (reference)	
<i>GSTT1</i> present	40	108	2.59 (0.73 to 9.17)	
<b>Exposure to solvents</b>				
<i>GSTT1</i> null	2	5	3.12 (0.38 to 25.48)	0.585
<i>GSTT1</i> present	24	23	7.23 (1.87 to 27.87)	
<b>Exposure to metals</b>				
<i>GSTT1</i> null	1	5	1.22 (0.08 to 18.10)	0.616
<i>GSTT1</i> present	18	31	3.93 (1.00 to 15.45)	
<b>Exposure to pesticides</b>				
<i>GSTT1</i> null	6	6	4.37 (0.46 to 41.57)	0.919
<i>GSTT1</i> present	20	24	6.54 (1.49 to 28.81)	

Subjects with *GSTT1* null and none of the exposures under study were used as reference.  
\*Twelve cases and 20 controls with double exposure.

**Table 5** Adjusted (for age and smoking habit) odds ratios (OR) for renal cell cancer in relation to occupational risk factors as adjusted for age and smoking habits, and stratified for glutathione S-transferases M1-1 and T1-1 (*GSTM1* and *GSTT1*)

Genotype combinations	Cases*	Controls*	OR (95% CI)	p for interaction
<b>Not exposed</b>				
Either <i>GSTM1</i> null or <i>GSTT1</i> null	24	75	1.00 (reference)	
<i>GSTM1</i> present and <i>GSTT1</i> present	19	54	1.08 (0.53 to 2.18)	
<b>Exposed to solvents</b>				
Either <i>GSTM1</i> null or <i>GSTT1</i> null	15	18	2.65 (1.15 to 6.10)	0.152
<i>GSTM1</i> present and <i>GSTT1</i> present	11	10	2.91 (1.06 to 7.99)	
<b>Exposed to metals</b>				
Either <i>GSTM1</i> null or <i>GSTT1</i> null	10	28	1.08 (0.45 to 2.60)	0.456
<i>GSTM1</i> present and <i>GSTT1</i> present	9	8	2.97 (1.00 to 8.89)	
<b>Exposed to pesticides</b>				
Either <i>GSTM1</i> null or <i>GSTT1</i> null	13	24	1.21 (0.38 to 3.85)	0.016
<i>GSTM1</i> present and <i>GSTT1</i> present	13	6	6.64 (1.81 to 24.45)	

Non-exposed subjects bearing either *GSTM1* null or *GSTT1* null were used as reference.

\*Twelve cases and 20 controls with double exposure.

frequencies that resemble the frequencies reported in the French study. In the group of non-exposed subjects *GSTM1* polymorphism distributes symmetrically, whereas *GSTT1* present is more represented among cases than controls (OR 2.59; CI 95% 0.73 to 9.17), probably implying an exposure to endogenous or exogenous carcinogens not investigated by the questionnaire. When the role of *GSTM1* and *GSTT1* as risk modifiers for RCC was assessed, including previous occupational exposures, the *GSTM1* present and *GSTT1* present genotypes, either individually or combined, were associated with higher risks of developing RCC. The biological plausibility of these findings would involve a selective vulnerability of the tubular renal epithelium to toxic effects exerted by metabolites derived from GSH conjugated intermediates. Generally, the products catalysed by GSTs have higher solubility than the parent metabolite, making their excretion in urine or bile easier, after subsequent conversion into mercapturic acids. Depending on the chemical properties of the parent compound undergoing GSH conjugation, either toxic or mutagenic metabolites can be generated in organs and tissues expressing peptidases of the mercapturic acids pathway and  $\beta$ -lyases, for example, the liver and the kidney.<sup>22</sup> A biological model has been proposed by several authors to explain the selective nephrotoxicity and nephrocarcinogenicity of halogenated solvents, particularly with respect to TRI. This compound is GSH conjugated to S-(dichlorovinyl)-GSH which, in the kidney and the biliary ducts, enters the mercapturic acid pathway, being cleaved to S-(1,2-dichlorovinyl)-L-cysteine. In the renal tubular epithelium, this metabolite is enriched and can be bioactivated by cysteine conjugate  $\beta$ -lyases to highly reactive chlorothioketenes, which can form adducts with proteins and DNA.<sup>23</sup> An increased incidence of RCC was reported among workers exposed to high doses of TRI.<sup>24</sup> Significantly increased proportions of *GSTT1* present and *GSTM1* present individuals were found among 45 RCC cases with a history of long term exposure to TRI, compared to 48 similarly exposed subjects not suffering from any cancer.<sup>17</sup> A significant excess of transversions in the VHL gene has been recently found in a subset of sporadic RCC cases bearing a *GSTT1* present genotype.<sup>25</sup> Our results agree with these data, clearly indicating a strong interference of the *GSTT1* present genotype on the risk of developing RCC among subjects exposed to organic solvents. *GSTT1*-1 has a substrate specificity for halogenated solvents, which are generally bioactivated in the kidney after GSH conjugation. When the

same exposed subjects were classified for *GSTM1* polymorphism, both *GSTM1* present and *GSTM1* null genotypes were significantly associated with RCC, showing an effect of exposure rather than a modifying role of the polymorphism. With regard to metal exposure, a significant association was found among subjects with the *GSTT1* present genotype or a *GSTT1* present and *GSTM1* present combination. The *GSTM1* present genotype also enhanced the risk, but, in our data, the association failed to reach full statistical significance. In animal models, exposure to metals (that is, mercury and lead) is known to induce GST expression in both liver and kidney.<sup>26-27</sup> Thus, a metabolic induction of GST activity, with subsequent increased production of potentially nephrotoxic glutathione conjugated compounds, could be envisaged among *GSTM1* present and *GSTT1* present subjects occupationally exposed to metals. Organic solvents are extensively used in the metal industries, however, which could imply some uncontrolled confounding in this respect (10 cases and 17 controls have been classified as exposed to both solvents and metals). The number of subjects with a single exposure is too small to permit further analysis.

Pesticides represent a wide class of compounds that change over time, making retrospective analyses difficult. Their carcinogenic potential is of greatest concern as a long term effect of pesticide exposure.<sup>28</sup> Some suggestions of a possible relation between GST status and early markers of genotoxic effects in humans exposed to pesticides are available. An increased frequency of micronuclei in cultured peripheral lymphocytes has been found among pesticide exposed greenhouse workers with the *GSTM1* present genotype.<sup>29</sup> Significantly higher levels of sister chromatid exchanges were also found among *GSTT1* present individuals exposed to pesticides when compared to *GSTT1* null workers similarly exposed.<sup>30</sup> These results are consistent with the increased risk for RCC found here for both *GSTM1* present and *GSTT1* present genotypes, considered either separately or in combination. Some pesticides are produced from halogenated alkanes, and alkenes of low molecular weight, in a number of chemical processes; hence, a similar pathway of nephrotoxicity may be hypothesised as that proposed for halogenated solvents.

The main limitation of the present study is its small sample size, limiting the statistical power for many of the possible gene-environmental interactions. A power higher than 80% was achieved for interactions between *GSTM1* present genotype for metals as well as pesticides. However, several

thousand cases and controls would be required to detect significant gene-environmental or gene-gene-environmental interactions for polymorphism showing a prevalence lower than 50% (in this case, the *GSTT1* polymorphism). Another limitation is represented by broad exposure categories resulting from exposure assessment based on questionnaires, which represent a relatively poor tool to identify specific agents and to estimate exposure levels in the workplace. Nevertheless, the good agreement between our results and biological models of nephrocarcinogenicity makes our findings interesting and exciting.

In conclusion, broad exposure categories result from exposure assessment relying on questionnaires, which represent a relatively poor tool to identify specific agents and to estimate exposure levels in the workplace. The present study has shown that biologically plausible interactions between genetic traits and environmental factors may play a role in the development of RCC. Previous epidemiological studies on RCC, investigating the role of genetic polymorphisms as risk factors, gave rise to weak and inconsistent findings,<sup>15,16</sup> but polymorphic enzymes are determinants of susceptibility and not of disease. They are expected to contribute to the pathogenesis of multifactorial diseases by modulating the effects of relevant exogenous risk factors. In view of its limited sample size, the present investigation on gene-environment interaction in RCC requires confirmation by much larger studies.

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