UK Naval Dockyards Asbestosis Study: radiological methods in the surveillance of workers exposed to asbestos

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ABSTRACT In a survey of the effects of exposure to asbestos in the UK Naval Dockyards, small- and large-film chest radiographs of 674 men have been examined. These films have been read under survey conditions by two readers using a simple screening classification, and also in a controlled trial by five readers using the full ILO U/C classification. Comparison between the reading methods showed a deficiency, independent of the size of film, of at least 30% in the detection of asbestos-related radiographic abnormalities when the screening classification was used. For adequate diagnostic sensitivity the ILO U/C classification appears to be essential. There was a deficiency of 43% in significant abnormalities observed by a majority of readers in the small films when directly compared with large film readings. This deficiency could be reduced to 7% by using readings of the small films at any level of abnormality by any of the five readers. When the ILO U/C readings were related to the clinical diagnoses, the only abnormality missed was a small pleural plaque. Films with previously agreed coding were inserted at intervals during the reading trial and helped to maintain the consistency of reading. Right oblique views were taken for 1884 men, in addition to the full-sized postero-anterior view, but the contribution provided by this view proved insufficient to justify its use in large surveys. The cost of a survey when small films are used as a screening method is reduced to between one-third and one-half of the cost when large films are used, assuming that the abnormality rate is not more than 5%. However, this cost advantage for small films is likely to be overtaken by the development of automatic large-film units. The radiation dose when small films are used is increased by a factor of about 20, but is within the prescribed safety level. It is concluded that at least three readers should be involved, using the full ILO U/C classification. Small films may be of particular use in a large-scale survey, in which the abnormality rate is expected to be low, and which might otherwise be too expensive. A sensitive reading method and a high standard of film quality are essential factors in the use of this technique.

This report considers the methods used in the radiographic examination of a large working population for the purpose of detecting abnormalities related to asbestos exposure. The aims were to identify individuals at an early stage in the development of disease and to assess prevalence and attack rates in an exposed population. The first aim requires a high level of diagnostic sensitivity, and the second necessitates a constant standard. We have tried to achieve a satisfactory compromise between the requirements of these objectives and economy in time, expertise and costs.

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The relative values of different reading methods, different film sizes and additional views are assessed on the basis of experience gained in a survey of 36,714 dockyard workers and in a controlled reading trial of films of a smaller sample of 2,040 men with a higher abnormality rate. The use of full-sized films and additional views in the examination of the individual subject is not in question.

Methods

POPULATION
The population studied included all male workers in the four main naval dockyards in the United Kingdom (Harries et al., 1976). From the total
population in this survey a stratified sample was
drawn, weighted in favour of those more heavily
exposed. All registered asbestos workers were
included irrespective of age. In the other occupa-
tional groups the sample was restricted to men aged 50–59
and consisted of about one in three men in occupa-
tions with intermittent exposure and one in 30 men
in occupations with lesser or negligible risks.
Ninety-five per cent of the men in this sample
had clinical and pulmonary function examinations
in addition to the chest radiograph, and for a
representative subgroup of 674 men (33%) the
readings of both large and small films were available.
These men were examined on both sizes of film
because notification that they were members of the
sample could not be completed until after the
initial 100 mm radiographic survey had started.
The numbers examined and the abnormality rates
in the total population and in the sample are shown
in Table 1. These abnormality rates refer only to
asbestos-related conditions considered to be of
clinical significance after a full assessment based on
occupational history, symptoms, signs and pul-
monary function examinations in addition to full-
sized chest radiographs including, in most cases, an
oblique view.

<table>
<thead>
<tr>
<th>Population</th>
<th>Statistics</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total population</td>
<td>36714</td>
</tr>
<tr>
<td>Number examined</td>
<td>28971</td>
</tr>
<tr>
<td>Number with asbestos-related abnormality</td>
<td>1487</td>
</tr>
<tr>
<td>Asbestos-related abnormality rate</td>
<td>5%</td>
</tr>
<tr>
<td>Group drawn for detailed studies</td>
<td>2040</td>
</tr>
<tr>
<td>Number examined on full-sized films</td>
<td>1902</td>
</tr>
<tr>
<td>Number with asbestos-related abnormality</td>
<td>281</td>
</tr>
<tr>
<td>Asbestos-related abnormality rate</td>
<td>15%</td>
</tr>
<tr>
<td>Number examined on both large and small films</td>
<td>674</td>
</tr>
</tbody>
</table>

**RADIOGRAPHIC TECHNIQUES**

**Large films**

Most of the large films were taken by the mobile
unit of the MRC Pneumoconiosis Unit using
a Schoenander Plermobile generator capable of
90 kV at 300 mA and 110 kV at 200 mA. Exposure
times were controlled by a Siemens Iontomat. A
Siemens rotating anode tube with a 2 mm × 2 mm
focal spot was linked to the chest stand at a distance
of 1.51 m (5 ft). Processing was by an automatic dip
and lift processor. Film quality was controlled by
comparison with a calibrated set using a standard
step wedge. High-definition screens for 400 mm ×
400 mm standard speed films were used.

Exposure factors were between 60 and 75 kV at
300 mA with exposure 20 to 50 mA for average
subjects. For very large subjects, 110 kV at 200 mA
was used with a wafer grid. In addition to the
standard postero-anterior view, a right anterior oblique
at 45°, requiring only slight adjustment of
exposure factors, was taken (Mackenzie and Harries,
1970). In order to compare examination rates for a
single view, a rate of 30 films per hour for the large
film technique has been assumed.

**Small films**

These were all 100 mm × 100 mm photofluorographs
taken with an Odelca camera with phototimer. Most
were taken by the Royal Naval mobile unit using a
Watson R301 generator capable of 125 kV at 300 mA.
The tube was a Dynamax 40 HD with 2 mm focal
spot, linked to the camera at a distance of 0.91 m
(3 ft). Exposure factors ranged from 84 kV for the
average subject to 100 kV for large subjects, giving
exposure times similar to those for large films. Most
of the films were processed automatically in the
Odelcamatic processor. An examination rate of
100 films per hour has been taken as the maximum
for work of good quality and careful positioning.

**RADIOGRAPHIC CLASSIFICATION**

In the initial survey of the total dockyard population,
small films were used and coded according to a simple
screening classification which enabled suspected
asbestos-related abnormalities to be separated from
other diseases and from normals. The asbestos-
related abnormalities were scored as either pleural or
parenchymal fibrosis. Pleural fibrosis was subdivided
by extent (limited or extensive) and by calcification
(present or absent). Parenchymal fibrosis was
scored as either suspected or definite.

For the sample population, a slightly elaborated
version of the full ILO U/C 1971 classification was
used for the large films. This elaboration recorded
width and extent of pleural abnormalities on each
side separately and also separated plaques from
diffuse thickening. Minimal pleural thickening was
recorded as width 'a', but extent '0'. Pleural calci-
fication was also graded separately for each side.
For the small films, the same classification was used
with estimated sizes where required.

**READING METHODS**

All films were read by one reader* as soon as possible
after examination, in order to detect
abnormalities requiring urgent clinical action.

In the survey of the total population the films were
subsequently read by two readers from a separate

*Surgeon Captain B. M. Goldsworthy.
UK Naval Dockyards Asbestosis Study

panel of four.† The films were read independently and a positive coding by either reader has been scored in the analyses. Reading the small films at this stage of the survey was simply to decide whether to recall or not for fuller examination. Large films from the sample population were read initially in the same way.

In the film reading using the ILO U/C 1971 classification (International Labour Office, 1972), the films were read concurrently by five readers‡ in batches of equal numbers to a time-table designed to avoid the onset of fatigue. Before starting the main film reading, 45 selected films were read and agreement on coding was reached in subsequent discussion. These films were used as ‘triggers’ after approximately every ninth film, in order to improve the consistency of reading. Each trigger film was included four times so that the average time between readings of any one trigger film was three and a half days. Immediately after his classification of a trigger film the reader was told that it was one of these films and he was able to compare his reading with the agreed coding. These films were not usually recognised except for two with memorable peculiarities. The reading of the postero-anterior view was recorded in full before the examination of the oblique view.

Small films were read similarly, but without the use of triggers or oblique views. Judgement rather than measurement had to be used to assess the sizes of radiographic changes for classification.

Reading rates were slower when using oblique views but in a later trial using large postero-anterior views only, the rate averaged 40 films per hour. The small films were read faster at about 60 films per hour, partly because of the smaller area to be scanned and also the easier film handling.

Films were read in four equal batches per day. Each batch comprised 35–40 postero-anterior views together with the respective oblique views, and took 75–90 min to read. Clerks were used to complete the reading sheets and only 1% of the sheets had incomplete codings. No evidence of fatigue could be detected in a comparison between the readings of trigger films placed early in a batch and the readings of the same films placed towards the end of a batch.

Costs
Expenditure is substantially reduced when small films are used. Among the minor items, floor space for storage is reduced by a factor of 45, film costs are reduced by a factor of nine, and chemicals by a factor of six. Film transport costs are reduced by a factor of five and envelopes are unnecessary. However, the major items are staff salaries and maintenance of buildings and vehicles: these two items alone account for 90% of the cost of producing a small film and for 80% of large film costs. Thus, the factors governing costs are throughput and the film reading rates, because the influence of costs of materials is submerged by these large overheads.

A ratio of approximately 3:1 between the costs for large and small films is a reasonable assessment when allowance is made for a slower than average examination rate in surveys designed to detect pneumoconiosis. If small films are used as a screening method, followed by recall for examination on large films when an abnormality is suspected, an additional cost must be allowed for the recall examination. Thus a recall rate of 10% would alter the ratio of costs for large and small films to 2:2:1.

Assuming the cost of a small film examination to be about £1, the difference between the costs of using large and small films in this survey would be approximately £55 000 (£85 000 for large films and £30 000 for small films). Allowing for the recall procedure, the difference in expenditure would be reduced to £46 500.

An indirect cost, which may be quite high, arises from the disturbance of industrial production caused by a radiographic survey. Again, this is related to the examination rate and is therefore reduced by the use of small films, but against this must be set the additional disturbance caused by the recall procedure.

Radiation dose
A series of measurements of skin radiation dose has been made by Dr C. S. Bowring of the Department of Medical Physics of Plymouth General Hospital on 10 adult males for each radiographic technique, using thermoluminescent dosimetry with lithium fluoride discs. The discs were calibrated by comparison of their light output with the radiation measured by an ionisation chamber exposed simultaneously to the x-ray beam. For calibration, discs were placed on both sides of the ionisation chamber and, for measurement in the subjects, the discs were taped to the skin in the centre of the x-ray beam.

For the 100 mm photofluorograph the average dose was 220 mrad, range 95–315 mrad. For the standard postero-anterior chest radiograph, the average dose was 11 mrad, range 7–17 mrad. The dose for the 45° oblique view was calculated from the exposure settings. Without the grid the dose was 20–25 mrad; with the grid the dose was increased to 40–45 mrad. For comparison, the dose for intravenous pyelography is about 3400 mrad.

†Surgeon Captain F. A. F. Mackenzie; Dr G. Sheers; Surgeon Commanders P. G. Harries and K. P. S. Lumley.
‡Dr J. C. Gilson, together with the above four readers.
Results

REPEATABILITY OF FILM READING

Before evaluating the results of different methods of film reading, the standard of repeatability attained during the reading should be assessed. For the large films, this information can be obtained from the readings of the trigger films, as 90 pairs. During the reading of the small films there were no trigger films, but 72 films were fed back into the series so that assessment of intra-observer repeatability could be made. In the initial repeatability trials of the UICC/Cincinnati classification, on which the ILO U/C classification is based, Rossiter (1972) reported the repeatability standardised to 30% abnormal films as was suggested by Ashford and Enterline (1966). This standardised repeatability index takes into account all deviations from complete agreement on classification for each feature and provides one means of comparing repeatability of different features, readers or surveys.

Table 2 compares this index, for the large and small films used in our survey, with the initial repeatability results. Throughout, as there is no evidence that the readings for any one reader were consistently less repeatable, only averages and ranges are presented. The readings of pleural thickening for both film sizes were perhaps somewhat less repeatable in this study than in the initial trials, whereas for pleural calcification and irregular small opacities the present readings were slightly more repeatable for large films, and rather more so for the small films. In the slightly modified ILO U/C classification used in the survey reported here, the lower limit for recording the extent of pleural thickening is set below that used in the UICC/Cincinnati classification. Consequently there is more likelihood of disagreement on presence or absence of pleural thickening, leading to a lower figure for repeatability. Similarly, the apparently better repeatability of readings of the small films could arise because indefinite abnormalities may not be seen on small films so that the detection of abnormalities is much more a Yes/No process.

Table 3 Inter-observer variation*

<table>
<thead>
<tr>
<th>Feature</th>
<th>Range of prevalence rates</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Large films</td>
</tr>
<tr>
<td>Pleural thickness</td>
<td></td>
</tr>
<tr>
<td>extent 1 or more</td>
<td>14%-30%</td>
</tr>
<tr>
<td>Pleural calcification</td>
<td></td>
</tr>
<tr>
<td>grade 1 or more</td>
<td>3%-6%</td>
</tr>
<tr>
<td>Small irregular</td>
<td></td>
</tr>
<tr>
<td>opacities</td>
<td>8%-31%</td>
</tr>
</tbody>
</table>

*Range of prevalence rates of radiographic abnormality recorded by the five readers, and the range observed in the initial trials of the UICC/Cincinnati classification for six readers who had worked together (Rossiter, 1972).

INTER-OBSERVER VARIABILITY

Table 3 shows the range of prevalence rates, for the five readers, of pleural thickening, pleural calcification and small irregular opacities. These ranges are also compared with those for the six readers who used the UICC/Cincinnati classification in the survey of the Quebec chrysotile mining industry (Rossiter, 1972).

It is apparent that there are still inter-observer differences of the same order as those obtained in the initial trials of the classification. The differences appear to be less for the readings of the small films, possibly for the same reason as has been suggested to explain the better repeatability of these readings.

SENSITIVITY

In order to compare the overall results of different reading methods using different film sizes, a common

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Table 2 Intra-observer repeatability expressed as percentage agreement standardised to 30% abnormal films. Comparison of readings by five readers of large and small films, and with the results of the initial repeatability trials of the UICC/Cincinnati Classification*

<table>
<thead>
<tr>
<th>Feature</th>
<th>Percentage agreement standardised to 30% abnormal films</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Large films</td>
</tr>
<tr>
<td></td>
<td>Average</td>
</tr>
<tr>
<td>Pleural thickening</td>
<td></td>
</tr>
<tr>
<td>—width</td>
<td>84-9</td>
</tr>
<tr>
<td>—extent</td>
<td>84-8</td>
</tr>
<tr>
<td>Pleural calcification</td>
<td></td>
</tr>
<tr>
<td>—grade</td>
<td>94-2</td>
</tr>
<tr>
<td>Small irregular</td>
<td></td>
</tr>
<tr>
<td>opacities —type</td>
<td>78-7</td>
</tr>
<tr>
<td>—profusion</td>
<td>82-5</td>
</tr>
</tbody>
</table>

*Rossiter, 1972
†Grade of extent of pleural thickening only was recorded in the UICC/Cincinnati classification.
reference point has been set by defining a standard level of abnormality using the ILO U/C classification and large films. This standard level requires readings by at least three of the five readers and excludes categories of small opacities below 1/1 and gradings of pleural thickening below width 'b' and of calcification below grade 2. In this way the problems caused by marginal abnormalities may be avoided and the more significant differences between readings brought into focus.

The first section of Table 4 shows the result of a strict comparison between the readings of the large and small films found to be positive at this standard level of abnormality, and it demonstrates a serious deficiency in the sensitivity of the small films. When lower categories and grades of abnormality are scored for the small films, and when readings by a minority of readers are added, this deficiency is progressively reduced to a point where agreement with the standard reading of the large film is close (section 4, Table 4). This resembles the situation in the screening procedure when all grades of abnormality recorded by any reader on the small films would lead to recall of the subjects for re-examination on large films. Despite the high recall rate (20%) that would result from the application of the small film readings shown in section 4 of Table 4, the false positive rate remains acceptably low (22 out of 549, or 4%).

When the screening procedure by two readers in the survey of the total population is compared directly with reading to the standard level of abnormality (sections 5 and 6 of Table 4) a serious deficiency is demonstrated regardless of film size. For the small films, 36% of those with positive large films were screened as normal by both readers, but even for the large films 30% were screened as normal, although these were the same films that were subsequently read to the full classification.

For comparison, the repeatability of the reading of the triggers at this standard level of abnormality was such that 98·6% of the films read as positive the first time were also read as positive on the second occasion, and there was an overall agreement of 94·4%. This high level of agreement was expected, as many of the triggers were chosen because they showed definite radiographic changes, and all were of good quality.

**AGREEMENT BETWEEN LARGE AND SMALL FILMS FOR TYPES AND GRADES OF ABNORMALITY**

Three characteristic features of asbestos-related abnormality have been considered in Table 5. Pleural thickening, including both plaques and the diffuse type of uncalcified thickening, is classified by the width of the radiographic shadow, pleural calcification by grade, and small opacities, rounded or irregular, by category. In all cases only a majority reading by not less than three out of five readers has been used.

Taking any level of abnormality, agreement is best for calcification (17 of 29, that is, 59% of results from large films were in accordance with those from small films) followed by pleural thickening (55%), with a much poorer agreement for
Table 5  Agreement between large and small films by type and extent of abnormality as recorded for 674 men by at least three of five readers

<table>
<thead>
<tr>
<th>Extent of abnormality</th>
<th>Film size</th>
<th>Pleural thickening</th>
<th>Pleural calcification</th>
<th>Small opacities</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>No.</td>
<td>%</td>
<td>No.</td>
</tr>
<tr>
<td>Any level</td>
<td>Large</td>
<td>167</td>
<td>24-8</td>
<td>29</td>
</tr>
<tr>
<td></td>
<td>Small</td>
<td>114</td>
<td>16-9</td>
<td>19</td>
</tr>
<tr>
<td></td>
<td>Both</td>
<td>92</td>
<td>13-6</td>
<td>17</td>
</tr>
<tr>
<td>Standard level*</td>
<td>Large</td>
<td>112</td>
<td>16-6</td>
<td>15</td>
</tr>
<tr>
<td></td>
<td>Small</td>
<td>78</td>
<td>11-6</td>
<td>14</td>
</tr>
<tr>
<td></td>
<td>Both</td>
<td>66</td>
<td>9-8</td>
<td>13</td>
</tr>
<tr>
<td>Severe†</td>
<td>Large</td>
<td>71</td>
<td>10-5</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td>Small</td>
<td>49</td>
<td>7-3</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Both</td>
<td>37</td>
<td>5-5</td>
<td>4</td>
</tr>
</tbody>
</table>

*Standard level is defined as: width b or more for pleural thickening; grade 2 or more for pleural calcification; category 1/1 or more for small opacities.
†Severe is defined as: width c for pleural thickening; grade 3 for pleural calcification; category 2/1 or more for small opacities.

small opacities (31%). If only the more extensive asbestos-related abnormalities are considered, the agreements between the readings of the two sizes of film are better for pleural calcification but rather worse for small opacities. For pleural thickening there appears to be a consistent trend for the width to be recorded as one size smaller on the small films.

More detailed analysis of the minority readings shows that small opacities are scored in over half the films, and these would be missed when only the majority opinion is used. It seems probable, therefore, that the additional information using all the readings would overcome the deficit of small opacities at least as well as it does the deficit of pleural abnormalities.

THE USE OF THE OBLIQUE VIEW
Oblique views of 1884 men in the sample population were assessed in the reading trial after the ILO U/C classification of the postero-anterior film had been recorded. A decision was taken about whether the oblique view increased, decreased, or made no difference to the certainty and to the grading of abnormalities recorded on the postero-anterior view. This decision was recorded separately for pleural thickening, pleural calcification, and small opacities.

Table 6 shows the results of these decisions expressed as percentages of the total number of oblique views and based on the readings of at least three of the five readers. An increase in the grading of pleural thickening was observed in 50 cases and of pleural calcification in a further 14. In two more cases the grading of small opacities was increased. Of these 66 cases there were seven (0·4% of all oblique views) in which the postero-anterior view had been read as entirely normal, and in this small proportion the oblique view was, therefore, the only indicator of abnormality, which was pleural thickening in all seven cases.

THE RELATION OF RADIOLOGICAL TO CLINICAL FINDINGS
The proportion of pleural abnormalities alone was much higher in this survey than has been reported in other studies of asbestos-exposed workers, confirming the findings of Sheers and Templeton (1968) and Harries et al. (1972). Abnormal clinical

Table 6  Additional information from oblique view*

<table>
<thead>
<tr>
<th>Feature</th>
<th>Assessment of information</th>
<th>Abnormality</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Pleural thickening</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Pleural calcification</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Small opacities</td>
</tr>
<tr>
<td>Certainty of abnormality</td>
<td>No change</td>
<td>93·4%</td>
</tr>
<tr>
<td></td>
<td>Increased</td>
<td>6·2%</td>
</tr>
<tr>
<td></td>
<td>Decreased</td>
<td>0·4%</td>
</tr>
<tr>
<td>Level of abnormality</td>
<td>No change</td>
<td>97·2%</td>
</tr>
<tr>
<td></td>
<td>Increased</td>
<td>2·7%</td>
</tr>
<tr>
<td></td>
<td>Decreased</td>
<td>0·0%</td>
</tr>
</tbody>
</table>

N = 1884

*Agreement between at least three of five readers on the additional information available from the oblique view.
findings are more relevant to the diagnosis of parenchymal fibrosis and could therefore influence only a small proportion of the results. The combination of persistent basal rales and a gas transfer factor reduced below 75% of the predicted value was observed in six cases, of which two were attributable to other diseases unrelated to asbestos. The remaining four were all identified by the ILO U/C readings of the films, but one was missed on the small film in the screening procedure.

The other asbestos-related abnormalities were all pleural, nine being the diffuse type of pleural fibrosis and the remaining 79 being plaques. In most of these cases the diagnosis was essentially radiological, subject to confirmation from the occupational and past medical history. No case of diffuse pleural fibrosis was missed in the ILO U/C readings. One of the plaques was read as normal in all ILO U/C readings; three were missed on the large film readings only, and a further eight were missed on the small film readings. All these were small pleural plaques of little clinical significance. By comparison, 25 pleural abnormalities were missed on the small films in the screening procedure, one being a case of diffuse pleural thickening and the others pleural plaques.

**FILM QUALITY**

Variation in film quality was only to be expected in examinations spread over three years and involving two different radiographic techniques. Small and large films were compared for overall quality, movement, position, and definition of parenchyma and pleura separately (Table 7).

<table>
<thead>
<tr>
<th>Quality</th>
<th>Large films</th>
<th>Small films</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall quality acceptable</td>
<td>73%</td>
<td>79%</td>
</tr>
<tr>
<td>Movement</td>
<td>2%</td>
<td>1%</td>
</tr>
<tr>
<td>Positioning imperfect</td>
<td>1%</td>
<td>20%</td>
</tr>
<tr>
<td>Satisfactory definition</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Parenchyma</td>
<td>81%</td>
<td>87%</td>
</tr>
<tr>
<td>Pleura</td>
<td>80%</td>
<td>82%</td>
</tr>
</tbody>
</table>

The quality of the large films was not as good as that which could be achieved with more modern equipment, and these films were faulted rather more frequently for defects in overall quality and for difficulty in seeing detail in either parenchyma or pleura. This is partly a reflection of the greater ease of decision-making on the small films, because of the reduction in the total available information. The built-in fixed grid on the camera also reduces the problems arising from chest wall scatter. Exposure and processing faults seemed infrequent but one batch of small films suffered from faulty alignment. Movement was often not recorded, and the effects of this fault were more consistently noted under the heading of loss of parenchymal detail.

Positioning faults in small films were frequently recorded under the heading of 'cut bases' and resulted from a variable standard of positioning technique coupled with the difficulty caused by the shorter tube-screen distance on the Odelca camera. The format of the 100 mm film with its curved corners tends to produce this fault with heavily built subjects.

The large films were all 400 mm × 400 mm, which has been shown to lead to a considerable reduction in the proportion of films with loss of detail caused by poor positioning of the subject (Audsley et al., 1970). However, the image screen for miniature radiology is also 400 mm × 400 mm so that there is a definite need to improve positioning when using small films, particularly when basal disease may be expected. This positioning could be improved by lowering the centring point and cancelling the tube angulation at the risk of some loss of detail at the apices.

**Discussion**

**READING METHODS**

The reading trial provides a basis for comparing the use of the ILO U/C classification with a simpler screening classification and also for evaluating trigger films and oblique views. It has been assumed in the discussion that immediate film reading for urgent clinical purposes has been completed as the first requirement.

Observer variation continues to present a considerable problem and has to be borne in mind when considering the results of film reading, even though variation in this trial was certainly no greater than that in other similar trials. This is the first occasion on which an attempt has been made to reduce variation by using trigger films. All readers agreed that the immediate feedback of information from the readings of these films helped to maintain a consistent reading level and reassured the reader that his opinion was not changing with time.

The comparison between reading methods shows that the discipline imposed by the use of the detailed ILO U/C classification and the advantage of direct comparison with films from a standard set are essential to the maintenance of consistently good standards. This is emphasised by the deficiency in the detection of abnormalities, which is nearly as great for large films as for small films, when the screening classification is used.
Diagnostic sensitivity is closely related to the number of readers and it seems desirable to set three readers as a lower limit for an acceptable reading standard, with more if possible, in accordance with the report by Weill and Jones (1975).

Our choice of batch size and number of sessions per day seemed to be optimal, with fatigue detectable in the reader but not in his readings.

The additional information provided by the oblique view is slight and almost entirely limited to pleural thickening. For the best assessment of an individual with a possible abnormality the oblique views are necessary, but as a method for the detection of abnormalities in large-scale surveys the use of these views cannot be justified.

Film quality has an important influence on the results of reading, and could have been improved in this survey. Economies which might be gained by raising the examination rate or by lowering the technical staffing standards are likely to cause loss of significant information and may lead to a higher recall rate after screening examinations on small films. Developments in exposure control should be exploited in order to achieve the consistency which is so desirable in surveys of large groups and in serial examinations of individuals.

CHOOSE OF FILM SIZE

The choice of small films for a survey of this size is influenced mainly by the lower costs and, to a lesser degree, by the easier handling of large numbers. Against these advantages must be set the lower diagnostic sensitivity, the higher radiation dose, and the need for a recall procedure.

If a majority reading of significant asbestos-related change in a large film is set as the standard for radiographic abnormality, then even with five readers using the ILO U/C classification the deficiency when small films are used can be made good only by considering any abnormality recorded by any reader as the standard for recall. This level of sensitivity may be adequate for the purpose of comparing prevalence and attack rates within a given population, but is unlikely to be suitable for comparison with other studies and should be questioned when applied to the detection of individual abnormalities of possible clinical significance. In practice, very few clinical abnormalities were undetected by the ILO U/C readings and these were of little significance whereas, when the screening classification was used with small films, the number undetected was not only greater but included cases of more serious clinical significance.

The skin radiation dose from the small film exposure is higher than has been widely assumed. The average dose is equivalent to a total body radiation which would fall within the variations of natural background radiation and any risk resulting would be negligible (British Institute of Radiology, 1975). The upper part of the dose range (0.25-0.315 rem) comes into a higher category, but remains well below the limit set for members of the public within a period of one year (International Commission on Radiological Protection, 1966).

The lower costs of the small film examination result mainly from time-saving by automatic film changing. Large film units are now being developed with similar facilities and, when coupled to an automatic film processor, would eliminate most of this cost advantage. Staffing levels and examination rates would be similar, so that only the lower initial capital outlay and lower running costs for materials would remain to influence the choice of radiographic equipment.

The question of any form of compromise in radiographic technique does not arise in the clinical examination where the best available information from all sources would be used. Similarly, in the examination of a small group of workers known to have been at serious risk and where a high abnormality rate can be expected, no lowering of radiographic standards would be acceptable, and a clinical examination should not be omitted.

For large groups of workers, where the cost of a radiographic survey may impose restraints on surveillance, a case can be made for the use of small films provided that the asbestos-related abnormality rate is likely to be less than 5%. Experience in the main survey suggests that the total recall rate for all reasons would not then exceed 15% and, at this level, the economy is substantial. In this particular epidemiological situation the diagnostic sensitivity of the small film is adequate provided that the standard of reading is sufficiently high.

References


