Chronic lymphocytic leukaemias and non-Hodgkin's lymphomas by histological type in farming-animal breeding workers: a population case-control study based on job titles

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Abstract

Objectives—A population based case-control study was conducted in a highly agricultural area in the north east of Italy to evaluate the association between farming and animal breeding and the risk of developing non-Hodgkin's lymphoma (NHL) and chronic lymphocytic leukaemia (CLL).

Methods—Occupational histories and other data were collected by personal interview on 164 NHLs, 23 CLLs, diagnosed in 1988-90, and on 977 controls. This paper only reports the results of the analysis relative to the coding of job titles through the modified International Labour Office (ILO) classification. Estimates of odds ratios (ORs) for occupational variables were calculated, after adjustment for sex, age, altitude of municipality, first degree familiarity, and previous *Herpes zoster* infection.

Results—From the analysis of the most frequent occupational categories, no occupation showed a significantly high risk. When the two job titles farmers only and farmer-breeders who are also involved in animal breeding are classified within the extremely varied occupation of agriculture or animal-breeding or fishing, a high risk for NHLs and CLLs is seen in the farmer-breeders (OR 1.79, 95% CI 1.22-2.63). Analyses according to histological type show that the risks are concentrated in CLLs and in low grade NHLs. No effect or trend by period at work or duration of employment in farming and animal breeding was found.

Conclusion—Subjects working in agriculture associated with animal breeding are at high risk of NHL/CLLs, particularly CLLs and low grade NHLs. This finding could be related to the use of chemicals in agriculture or to exposure to animal transmitted diseases or specific chemicals used in animal breeding.

Since the 1970s several epidemiological studies have been conducted to evaluate the risk of cancer among farmers.¹⁻²¹ Although the results have not been consistent, many studies have reported substantial increases in soft tissue sarcomas and lymphomas,¹³⁻²¹ which are attributable mainly to exposure to phenoxy-acid.

In Italy, incidence of non-Hodgkin's lymphomas (NHLs) based on the ninth revision of the international classification of diseases (ICD-9, 200 and 202) for the period 1983-7 ranges from 7.0 to 16.2/100 000/year for males and from 4.3 to 13.7/100 000/year for females (standard population of Italy, 1981). The incidence of all leukaemias (ICD-9, 204 to 208) varies from 8.6 to 13.4 in males and from 5.7 to 9.4 in females.

In the province of Forlì there is a high level of employment in agriculture and animal breeding and a widespread use of chemicals, with farm workers currently comprising about 20% of all working residents in the area.

With reference to the same population, the tumour registry of Romagna reports the second highest incidence in males (15.2/100 000/year for NHL and 13.2/100 000/year for leukaemia) and the highest Italian incidence for both groups of tumours in females.²²

In the years 1988-90 a population based case-control study was conducted in a subarea of the province of Forlì that comprised 28 small municipalities (local health units—LHU—38 and 39, with a resident population of about 342 000 at the 1981 census) to evaluate the association between farming or animal breeding and haemolymphopoietic malignant tumours and soft tissue sarcomas. This paper presents the first results of the case-control study limited to farming and animal breeding, NHL and chronic lymphocytic leukaemia (CLL) in Forlì.

Materials and methods

Between January 1987 and December 1990 we consulted the population tumour registry of Romagna to identify all incident cases of NHL and CLL, aged 15-75 years, among residents of the subarea of the Forlì province who had been diagnosed haematologically (n = 4) or histologically (n = 188), excluding

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known HIV positive subjects. Cases of NHL were further classified by histological type with a modified Kiel classification.²³ All histological specimens were reviewed by one pathologist (AS). Cases of NHL and CLL were first considered in the analysis together, as a frequent pathological and clinical misclassification between NHL and CLL has been described because of substantial biological similarities between the two diseases.²⁴ Further analysis was conducted separately for the main histological types.

Among 192 cases thus identified, five refused to cooperate (2.5%) and 18 died before the interview. The next of kin or general practitioner were interviewed for the deceased patients as well as for six others in an extremely poor state of health (total = 24 (12%), seven husbands, nine sons or daughters, four parents, three brothers, and one general practitioner). The present analysis is therefore based on a total of 187 cases. The control group consisted of a random sample of subjects residing in the study area identified through a residents' list and frequency matched to the cases according to sex and five-year age groups. In the study on haemolymphopoietic tumours and soft tissue sarcomas, 977 population controls were contacted. One hundred and eighteen (12%) subjects refused to be interviewed, mainly because of a lack of interest and were thus substituted by the next subject on the residents' list. All 977 controls were considered in the present analysis. This represents about five controls for each case. Table 1 presents the distribution of cases and controls according to sex, age, and histological diagnosis. Two cases of mycosis fungoides were included when all cases were analysed together but excluded when the analysis by histological type was performed.

Cases and controls were interviewed with an occupational questionnaire entitled "agriculture and health", which asked for information on residential history, community life, dietary habits, smoking, alcohol consumption, family history of cancer, medical history, use of drugs, exposure to radiation, and work history. Exposures in childhood were evaluated by asking if the subject used to help the family in agriculture and in animal breeding before the age of 13.

The work history section was structured in

two parts. The first part collected information on the subject's entire work experience and relative time periods. Only occupations lasting one year or more were recorded.

Jobs were initially classified under one of the 21 working categories listed in the questionnaire and then further classified according to 254 listed jobs (modified International Labour Office (ILO) questionnaire). Subjects who reported having been employed in agriculture or animal breeding for at least one year also completed the second section of the questionnaire in which they were asked to provide detailed information on each of the 10 most widely cultivated crops on each farm of employment as well as on types of animals bred. Details on the occupational questionnaire used can be found in a previously published paper.²⁵ Interviews with cases and controls were carried out by three interviewers who had attended periodic training courses.

Fifty seven per cent of cases were interviewed in hospital and 83% of controls were interviewed at home. About half the subjects interviewed had worked in agriculture at some time in their lives. This paper only reports the results of the analysis relative to the coding of jobs through the modified ILO classification. The variables used in the analysis were as follows: Marital status: married *v* unmarried. Education: classes defined according to total number of years at school. Migration from south: yes *v* no. Cigarette smoking: non-, ex-, and current cigarette smokers in low and high categories (cigarettes/day, ≤ 20 *v* >20). Alcohol intake: non-drinkers, current drinkers of <30 , 30-60, >60 g/day.²⁶ Altitude of municipality of residence: the municipality of residence was classified according to coding by the Central Institute of Statistics.²⁷ Family history of cancer, including tumours of the haemolymphopoietic system: classified as positive if the subject reported one or more first degree relatives affected. Previous *Herpes zoster* infection: subjects were considered exposed if they reported having had this infection at least two years before the date of diagnosis (cases) or interview (controls).

The association between work in agriculture or animal breeding and risk of NHL or CLL was measured by the maximum likelihood estimate of the odds ratio (OR) as an estimate of risk ratio (RR). First of all a series of univariate analyses on non-occupational variables was conducted. Occupational variables were then analysed, adjusted first by sex and age, then by sex, age, altitude of municipality, first degree familial haemolymphopoietic cancer, and previous *Herpes zoster* infection. The last three variables were identified through univariate analysis. Unconditional logistic regression analysis was used with case-control status or main histological types of cases as the response variable.²⁸ The analysis was carried out with SAS.^{29 30}

Results

Cases of NHL or CLL and controls were similar for sociodemographic and lifestyle

Table 1 Case-control study on NHL and CLL in agriculture: distribution of cases and controls by age, sex, and histological type of malignancy

	Cases n (%)	NHL* n (%)	CLL n (%)	Controls n (%)
Sex:				
Male	106 (56.7)	92 (56.1)	14 (60.9)	548 (56.1)
Female	81 (43.3)	72 (43.9)	9 (39.1)	429 (43.9)
Age (y):				
15-24	3 (1.6)	3 (1.8)	0	28 (2.8)
25-34	14 (7.5)	14 (8.5)	0	70 (7.2)
35-44	11 (5.9)	11 (6.7)	0	59 (6.0)
45-54	30 (16.0)	24 (14.6)	6 (26.1)	150 (15.4)
55-64	48 (25.7)	42 (25.6)	6 (26.1)	235 (24.1)
65-75	81 (43.3)	70 (42.7)	11 (47.8)	435 (44.5)

*Histological types, low grade 56, medium grade 34, high grade 72, mycosis fungoides 2.

characteristics such as marital status, education, migration from the south, alcohol intake, and cigarette smoking. In the univariate analysis, three variables were found to be significantly associated with the cases, or to modify the estimates of the multivariate model. These were altitude of municipality of residence, family history of haemolymphopoietic cancer, and previous *Herpes zoster* infection. A linear logistic regression model was constructed incorporating sex and age. In the model, each of these three variables was adjusted for the others.

Table 2 shows the OR estimates. The OR for subjects resident in hilly or mountainous areas *v* those living in the lowlands was 0.55 (95% confidence interval (95% CI) 0.35–0.86). This result may reflect a different distribution of jobs, and within the farming category a different distribution of crops or animal breeding.

Although a positive history of haemolymphopoietic cancer in first degree relatives was not significantly related to the risk, the OR estimate was high (OR 1.92, 95% CI 0.87–4.25). Family history of cancer in general or of other types of tumours did not, on the other hand, present ORs greater than one. A positive medical history of *Herpes zoster* infection was more often reported by cases than by controls (OR 2.09, 95% CI 1.34–3.27). If the subjects with *Herpes zoster* are subdivided on the basis of the time from diagnosis of neoplasia (cases) or from the interview (controls) (≤ 10 y or > 10 y), the ORs for these two categories, adjusted for the other variables, remain significant (OR 2.34 (95% CI 1.20–4.57) and OR 1.95 (95% CI 1.11–3.41) respectively). Other diseases that involve the immune system such as asthma, allergic conditions, or eczema were not associated with risk of NHL or CLL.

The same variables were analysed for CLLs and high, medium, and low grade NHLs separately as cases *v* all controls. Results were substantially confirmed for each histological type without relevant differences, although some risks lost significance because of small numbers. Table 3 provides OR estimates adjusted by age, sex, altitude of municipality, first degree familial haemolymphopoietic cancers, and previous *Herpes zoster* infection, for each working category that involved at least 20

Table 3 Odds ratios for NHLs and CLLs according to working categories*

Working category	Cases	Controls	OR (95% CI)†
Medical or health	4	21	1.12 (0.37–3.33)
Administrative	28	146	0.95 (0.61–1.49)
Business	90	454	1.07 (0.74–1.54)
Transportation	16	56	1.70 (0.93–3.11)
Agriculture or animal-breeding or fishing	92	442	1.30 (0.93–1.81)
Foods	16	73	1.11 (0.62–1.97)
Pottery	3	32	0.48 (0.14–1.61)
Construction	29	130	1.27 (0.79–2.05)
Electrical	5	26	1.02 (0.38–2.73)
Wood	10	50	0.99 (0.49–2.00)
Metal	24	109	1.14 (0.69–1.88)
Mines	9	20	0.87 (0.25–3.05)
Textiles	10	20	2.29 (1.01–5.18)
Clothing	15	107	0.66 (0.36–1.19)
Shoes or leather	4	39	0.51 (0.18–1.46)
Others	45	222	1.08 (0.74–1.57)

*Only categories with more than 20 subjects were included; subjects may be counted more than once; †Adjusted for altitude of municipality, first degree familial haemolymphopoietic cancer, previous *Herpes zoster* infection, age, and sex.

subjects. In this, as in the following analyses, the adjustment tended systematically to reinforce the significant associations.

No further significant association was identified through adjustment.

The working categories were not mutually exclusive, and subjects could be counted more than once. The mean (SEM) number of categories in which cases and controls were involved was estimated as 2.14 (0.07) for cases and 2.05 (0.03) for controls.

Analysis of the 21 working categories (with a work experience of at least one year) showed some ORs > 1 . None of these were significant with the exception of the textile manufacturing category, which, before being adjusted for other occupational variables, showed a significant OR of 2.29 (95% CI 1.01–5.18). Out of the 254 job titles, those with more than 20 subjects were analysed but no significant results were found. When feasible, the working categories were also analysed for each histological type. Results did not change except for the categories agriculture or animal breeding or fishing in which a high but non-significant risk was limited to CLLs (OR 2.31, 95% CI 0.92–5.78) and low grade malignancy NHLs (OR 1.72, 95% CI 0.96–3.06, table 4).

The textiles category was also analysed in the same models because a significant OR was initially found. Adjusted for work in

Table 2 Odds ratios for NHLs and CLLs according to altitude of municipality, first degree familial haemolymphopoietic cancer, and previous *Herpes zoster* infection, adjusted by sex, age, and each variable by the others

	Cases	Controls	OR (95% CI)
Altitude:			
Lowlands	163	770	1.00
Hill or mountain	24	207	0.55 (0.35–0.86)
First degree familiarity for haemolymphopoietic cancer:			
No	178	953	1.00
Yes	9	24	1.92 (0.87–4.25)
<i>Herpes zoster</i> :			
No	155	890	1.00
Yes	32	87	2.09 (1.34–3.27)

Table 4 Odds ratios for CLLs and NHLs by histological type in the agriculture or animal-breeding or fishing categories compared with subjects never employed in this working category

	Agriculture or animal-breeding or fishing		OR* (95% CI)
	Never	Ever	
	n	n	
Controls	535	442	
CLL	8	15	2.31 (0.92–5.78)
Low grade NHL	23	33	1.72 (0.96–3.06)
Medium grade NHL	21	13	0.91 (0.43–1.92)
High grade NHL	41	31	1.03 (0.61–1.72)

*Adjusted for altitude of municipality, first degree familial haematopoietic cancer, previous *Herpes zoster* infection, sex, age.

agriculture or animal-breeding or fishing, the risk for employment in the textile industry lost significance because several subjects employed in this working category were also employed in agriculture.

Cases and controls were then divided into three main occupational categories: farmers who were only involved in agricultural activities (farmers), those who were also involved in animal breeding (farmer-breeders) and those involved in all other occupations (other workers). As the group of animal breeders not involved in farming activities included only four subjects, these were classified in the farmer-breeders group. The subjects in this group, although also involved in farming activities, thus represented the category of breeders in this population.

Table 5 shows the results for all cases by histological type adjusted for the usual models. When all cases together are considered, the category of farmer-breeders presented an OR of 1.79 (95% CI 1.22–2.63), whereas farmers had a non-significant risk of 0.89 (95% CI 0.57–1.40). Analysis by histological type showed that significantly high ORs for farmer-breeders were concentrated in CLLs (OR 3.05, 95% CI 1.12–8.32) and low grade NHLs (OR 2.22, 95% CI 1.16–4.26). When the farmer-breeders were divided into two groups on the basis of the median duration of work (23 years), no association between NHL or CLL and duration of period of exposure was found, as the two ORs, both significant, did not differ much from each other (OR for <23 y, 1.89, 95% CI 1.18–3.00; OR for ≥23 y 1.68, 95% CI 1.01–2.77). Similar results were obtained with tertiles of duration of work.

When the variable exposure in childhood to farming-breeding was evaluated, 41.7% of cases and 28.3% of controls reported to have been a farmer-breeder in childhood (OR 2.08, 95% CI 1.45–2.98). Similar analyses for duration of work in farmers did not give any significant results. The analysis for main job (the work in which each subject was involved for the greatest number of years) in the farmer-breeder category compared with all other workers showed a non-significant OR of 1.29 (95% CI 0.84–1.99).

In the subsequent analysis farmer-breeders were subdivided according to three categories of working time period. The calendar year 1955 was chosen as cut off time (the year of mass introduction of pesticides and the begin-

ning of a period of technological transformation in crop cultivation). The categories by period of employment were classified as follows: start and finish before 1955; start before 1955; finish after 1955; start and finish after 1955. Farmer-breeders who started and finished their work experience before 1955 experienced an OR of 3.41 (95% CI 1.73–6.70). Those who worked before and after 1955 had an OR of 1.72 (95% CI 1.07–2.76), and those whose work experience began after 1955 had an OR of 1.19 (95% CI 0.61–2.33). To allow for an induction latency period, we performed a further analysis with cases and controls excluded if they began work in farming-breeding less than 20 years before the date of incidence or interview. Cases excluded were seven (3.4%), controls excluded were 23 (2.3%), and the estimate OR was 0.82 (95% CI 0.31–2.16).

Finally, the two categories of farmers and farmer-breeders were compared for some variables of their position at work. Farmer-breeders, on average, cultivate a wider variety of crops and farm larger areas of land than farmers; farmer-breeders raise cattle to sell, whereas farmers are only in contact with the livestock they keep for their own personal use. The median duration of employment is much longer among farmer-breeders (23 y) than farmers (14 y). About 50% of farmer-breeders personally use chemical compounds *v* 23% of farmers; farmer-breeders are more often land owners (64% *v* 44%), whereas farmers tend to be employed as farm labourers.

Discussion

We conducted this population based case-control study in the highly agricultural province of Forlì to study the risk factors for NHL or CLLs linked to farming and animal breeding. Some significant results emerged from the sociodemographic variables lifestyle and medical history. The altitude of the municipality of residence, which is a risk factor for these neoplasias, may reflect some differences in the distribution of crops and working procedures in agriculture and animal breeding. In fact, farming in the lowlands as opposed to the hills or mountains generally involves the cultivation of different crops and a heavier use of chemicals.

First degree familial haemolymphopoietic tumours tend to represent a risk factor for the disease. Although previously reported as significant in the medical literature^{13 17} it was not so in this case. This variable may be subject to a recall bias between cases and controls. In this study, however, familial tumours in general and other tumours are not associated with risk of NHL or CLLs. From a comprehensive series of questions on diseases linked to the immune system, no disease was found to be associated with the neoplasias with the exception of *Herpes zoster* infection. This finding is consistent with results from two other studies.^{10 31}

In our study *Herpes zoster* infection in cases does not seem to be secondary to the neoplasia

Table 5 Odds ratios for NHLs/CLLs and for separate histological types according to occupation in farming and in farming or animal-breeding compared with other workers

	Other workers* n	Farmers		Farmer-breeders	
		n	OR (95% CI)	n	OR (95% CI)†
Controls	541	219		217	
Cases	95	31	0.89 (0.57–1.40)	61	1.79 (1.22–2.63)
CLL	8	5	1.62 (0.50–5.21)	10	3.05 (1.12–8.32)
Low grade NHL	23	12	1.30 (0.62–2.71)	21	2.22 (1.16–4.26)
Medium grade NHL	21	2	0.27 (0.06–1.19)	11	1.69 (0.68–3.38)
High grade NHL	41	12	0.82 (0.41–1.60)	19	1.32 (0.72–2.42)

*Including fishermen; †adjusted for altitude of municipality, first degree familial haematopoietic cancer, previous *Herpes zoster* infection, age, and sex.

because subjects were not considered among those affected if they had contracted the infection during a period of up to two years before diagnosis (cases) or interview (controls). As no other diseases investigated show an excess risk, recall bias does not seem to explain this finding either. The high frequency of *Herpes zoster* infection among cases suggests two main possible explanations: this slow acting virus may interfere as a stimulating factor, accelerating the development of the neoplasia, or, a pre-existing imbalance in the immune system may promote the infection, and in the meantime may be associated with the occurrence of NHL or CLLs.

From the analysis of the most frequent occupational categories, no occupation seems to have a significantly high risk with the exception of textile manufacturing which, however, loses significance when adjusted for other occupational variables in the final model.

When the two large categories of arable farmers and farmer-breeders (who are also involved in animal breeding) were classified within the extremely varied group of agriculture or animal-breeding or fishing, a high risk for NHLs and CLLs was found in the farmer-breeders. The distinction between these two working categories has rarely been considered in previous papers, although animal breeding is expected to be often associated with farming at least in some populations. Several population surveys and other case-control studies on NHL and on CLL have reported significantly higher ORs among farmers in general, with results based on mortality records or incident cases.^{12 17 32 34}

By contrast, some population surveys have found no increased risks for farmers^{2 5 7 9} and some case-control studies have reported risks close to one, or at any rate not significant.^{3 4 6 8} The inconsistency of published data may, to some extent, be the result of a different distribution of these two categories within the broad farmer group. Two hypotheses can be put forward to explain the higher risk in farmer-breeders than in farmers. The first is that breeding cattle is indicative of a more specific and more intensive farming activity. This is confirmed by the fact that farmer-breeders, on average, cultivate a wider variety of crops, farm larger areas of land, and personally use chemical compounds more often than farmers. In this case, the farmer-breeders would appropriately represent a highly exposed category of farmers.

A second hypothesis is that breeding livestock exposes the farmer to specific chemicals used in breeding activities or to the action of biological agents linked to animal diseases (parasites, viruses, etc). Few studies reported excess risk of haemolymphopoietic tumours among farmer-breeders.^{6 13 22} Moreover, the hypothesis of an aetiological role of oncogenic animal viruses in human cancer is suggested in some studies focused on workers exposed to possible viral transmission—for example, abattoir and meat industry workers.^{35–37}

The most important histological result

shows that the risk for farmer-breeders is consistently limited to CLLs and low grade NHLs. This finding is in agreement with the hypothesis that a certain biological homogeneity exists between these two neoplasias.²⁴

We found no trend between duration of employment and risk of NHL or CLL. A high proportion of subjects in the short duration of employment category were actually exposed for quite a long time. Indeed, there were very few subjects exposed for a short period. It is, therefore, impossible to evaluate short duration of employment in this population. Moreover, any effect of duration could be masked by a time period effect linked to the use of chemicals. Exposure in childhood was significantly associated with risk of NHL or CLL. This could be due both to a strong correlation between exposure in childhood and work in farming or animal breeding during adult life and to an early effect of exposure on the risk of the diseases.

Analysis by time period, however, does not give easily interpretable results, as two historical periods of risk emerge, the higher one occurring before the mass introduction of pesticides (around 1955). For farmer-breeders who only worked after 1955, the risk became non-significant. The exclusion of subjects with a latency period of less than 20 years does not contribute to the understanding of this finding. This result could also partially be explained by the fact that in this category a high percentage of the cases began working after the period 1970–5, by which time many farmers were well aware of the toxicological problems linked to their work. The effect of time period could thus be more related to the way of use of chemicals than to their amount.

Other authors have found that the decrease in risk for workers who began to be exposed relatively recently,^{3 12 13 17} may also be explained by the need for a longer period of latency than the usual 15 to 20 years reported in the medical literature.³⁶ Unfortunately, in this study the few cases do not allow for evaluation of other hypotheses of latency period.

In conclusion, as far as the relation between farming and animal breeding and the occurrences of NHL/CLL is concerned, the relative risks estimated in our study are significant but not very high. This could be due to the definitions of the histological categories of our exposed subjects, which are broad and generic.

The results from this preliminary analysis point to the possible role of chemicals and of their use in the risk of NHL or CLL. This is limited to some sectors of agricultural or breeding occupations and refers to a specific time period. There is also a possible role for diseases transmitted by animals.

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