

Introduction Candidate risk factors for retinal detachment (RD) include heavy lifting. To explore further this relationship, a population-based register study was carried out in a Danish working population.

Methods This study enrolled a dynamic cohort of all 20–59 year-old men in Denmark followed through the Danish Occupational Hospitalisation Register from 1995 to 2010 for rhegmatogenous RD as principal diagnosis. Four main occupational categories were identified according to their potential for heavy lifting: heavy lifters, manual workers unlikely to be heavy lifters, other manual workers, and non-manual workers unlikely to be heavy lifters. We compared the age-standardised rate of RD for heavy lifters with that recorded by the other three occupational categories. We estimated rate ratios (RRs) and 95% confidence intervals (95% CIs) by fitting a Poisson regression model adjusted for calendar period and age group.

Results Non-manual workers performing occupational activities unlikely to be associated with heavy lifting experienced the highest age-standardised rate of RD (18.0 cases/100,000 person-years). The RR for workers in jobs expected to involve a high frequency of heavy lifting compared to manual workers whose occupation was unlikely to be associated with heavy lifting was 0.91 (95%CI, 0.73–1.14); in comparison with other manual workers, the RR was 0.93 (95%CI, 0.78–1.11). The RR compared to non-manual workers in occupations unlikely to involve heavy lifting was 0.51 (95%CI, 0.43–0.60). **Conclusion** The findings of this population-based register study do not support an association of occupational heavy lifting with RD. Further studies should use more specific measures of exposure and consider relevant confounders.

Oral Presentation

Shift Work

0161 THE ROLE OF PHYSICAL ACTIVITY IN THE ASSOCIATION BETWEEN SHIFT WORK AND BODY MASS INDEX

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Background Shift work is increasingly being suggested to be associated with an increased risk for overweight. Physical activity (PA) has been hypothesised to play a role in the health effects of shift work, but research on this role of PA is scarce. This study aimed to examine the association between night shift work and body mass index (BMI) and the moderating role of PA therein.

Methods Data from 588 workers were used from the prospective cohort Klokwerk+ study, examining the health effects of night shift work in health care workers. BMI was calculated by measured body weight (in kg) divided by body height (in metre squared). PA was measured using the validated Short Questionnaire to ASses Health-enhancing PA (SQUASH)

questionnaire. Linear regression analyses were performed for the associations between shift work and BMI; interaction terms were added to determine the influence of PA.

Results Mean BMI for shift workers was 25.3 (SD=4.2) versus 25.4 (SD=4.2) for non-shift workers ($p>0.05$). Shift workers were more moderately active than non-shift workers (beta 318 min/wk, 95% CI 141–496). After adjustment, there were no significant differences in the amount of vigorous intensity PA (beta -43 min/wk, 95% CI -115–26). There was no significant interaction for either moderate or vigorous PA in the shift work-BMI association.

Conclusions Our study could not confirm the hypothesis that PA moderates the shift work-BMI relation. To confirm these findings and to get more insight into the moderating and mediating role of PA and other lifestyle behaviours, more longitudinal studies are recommended.

Poster Presentation

Cancer

0162 MORTALITY AMONG AUTOWORKERS MANUFACTURING ELECTRONICS IN ALABAMA, U.S.A

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Former employees at a large automotive electronics manufacturing facility in Alabama, U.S.A. raised concerns over a suspected excess of cancer mortality among their fellow workers. The United Autoworkers (UAW) union sought the help of epidemiologists to investigate these concerns.

A cohort of 4396 workers employed at the facility between 1972 and 1993 was enumerated. Demographic and employment history information was obtained from union records. Follow-up to ascertain information about vital status and causes of death was conducted through 2016 drawing upon records of the U.S. Social Security Administration, pension records, voter registration records, and the U.S. National Death Index. Interviews with former employees have identified lead-based solder and chlorinated organic solvents as exposures of concern during the assembly of printed computer boards. Concerns were also raised about the presence of asbestos in the workplace. The mortality experience of the cohort is compared to expectations based upon national and regional reference rates using classical standardised mortality ratios as well as more novel comparisons of cumulative incidence (i.e., complement of survival) curves. Analyses also allow for internal comparisons according to job status and race.

We will report on preliminary results describing the characteristics and overall mortality experience of this cohort as part of our ongoing investigation, which is an example of a joint effort between the UAW and academic epidemiologists to directly address the health concerns of autoworkers using a cost- and time-efficient study design.