Results There were 5437 cancer cases among agricultural workers. Among men, an increased risk of multiple myeloma was observed (HR: 1.38, 1.04–1.83), as well as oral cancer (HR: 1.28, 1.09–1.51), specifically lip cancer (HR: 2.94, 2.26–3.83), but had decreased risks of lung, esophageal, and liver cancers. Female agricultural workers were at increased risk of pancreatic cancer (HR: 1.44, 1.05–1.99), but decreased risk of lung, breast and cervix cancer. Higher risks of rectal cancer were also observed specifically among female farm workers and labourers (HR: 1.44, 1.02–2.04).

Conclusions Exposure to pesticides may have contributed to the increased risks of multiple myeloma in men and pancreatic cancer in women. Increased risks of lip cancer in men could be attributed to sun exposure in agricultural workers while the array of decreased risks suggests reduced smoking and alcohol consumption in agricultural workers compared to the general population.

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2,4-D USE AND CANCER INCIDENCE IN PESTICIDE APPLICATORS IN THE AGRICULTURAL HEALTH STUDY

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Objectives 2,4-dichlorophenoxyacetic acid (2,4-D) is one of the most widely used herbicides in the world. It has been associated with increased risk of non-Hodgkin lymphoma (NHL) in multiple epidemiologic studies, with some evidence for association with cancer at other sites. Findings from experimental studies, however, have been largely negative with respect to NHL. Within the Agricultural Health Study (AHS), a prospective cohort of licensed pesticide applicators in the United States, we evaluated use of this herbicide and multiple cancer sites.

Methods We used Poisson regression to estimate relative risks (RR) and 95% confidence intervals for cancers that occurred from enrollment in the AHS (1993–97) through 2008. Total lifetime days of use of 2,4-D were calculated based on information provided at enrollment and at a follow-up interview conducted 5 years later. In addition, an intensity-weighting algorithm was applied to account for factors that modify exposure.

Results Overall, 78% of the 52,324 applicators who provided information on 2,4-D use and who were cancer free at enrollment reported using 2,4-D. Among this group, there were 5,168 incident cancers. Compared to non-users, there was no association with cancer risk overall (p-trend = 0.68), NHL overall (p-trend = 0.84), or any sub-type of NHL with intensity-weighted lifetime days. Conversely, in the highest quartiles, there was an elevated risk of gastric cancer (RR = 2.3, 95% CI:1.1–5.2, p-trend = 0.03) and a suggestion of elevated risk of brain cancer (RR = 2.3, 95% CI: 0.9–5.7, p-trend = 0.31).

Conclusions The results from this prospective study showed no association between use of 2,4-D and NHL, the cancer most often linked to this herbicide. The increased risk of gastric cancer is noteworthy but supporting data are limited. Some previous studies of brain cancer have suggested a role for pesticides, particularly herbicides; to our knowledge there is no other study specifically suggesting an association with 2,4-D.

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SOLVENT-INDUCED DNA METHYLATION CHANGES: A TRANSLATIONAL STUDY

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Objectives Workers exposed to solvents are at risk for developing cancer and neurobehavioral diseases. Evidence is growing on the role of epigenetic alterations involved in the development of both diseases. In this project, we set up a translational study to investigate the impact of solvents on DNA methylation alterations and neurobehavioral changes.

Methods First, we assessed global DNA methylation changes in human lymphoblastoid (TK6) cells *in vitro* in response to 10 solvents. Next, a cross sectional study was set-up to validate these results in 128 solvent workers. Liquid chromatography-mass spectrometry was used to quantify global DNA methylation profile in TK6 cells and in lymphocytes of the workers. Each participant underwent a series of tests based on the Neurobehavioral Evaluation System.

Results Benzene, hydroquinone, styrene, carbon tetrachloride and trichloroethylene induced global DNA hypomethylation in TK6 cells. DNA methylation in solvent-workers was, after correction for age, negatively associated with total exposure time (r = -0.198, p = 0,025) and the cumulative exposure index (r = -0.244, p = 0,006). Age and smoking were associated with a global DNA hypomethylation, while use of alcohol was associated with hypermethylation. Interestingly, both DNA methylation and exposure were significant predictors for neurobehavioral effects in the multivariate regression models.

Conclusions We report changes in global DNA methylation as an early event in response to solvents. Global unmethylated DNA is known to dysregulate transcription, which has an impact on the gene expression and the function of cells, e.g. loss of control of cell division. These results are suggestive for the possible involvement of epigenetic mechanisms in neurodegenerative diseases and cancer. Lymphocytes are not necessarily the target tissue, but might be a good surrogate because of their accessibility and the high correlation with methylation profiles in somatic tissues.

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OCCUPATIONAL EXPOSURE TO IRON AMONG STEEL WORKERS INCREASED OXIDATIVE DNA DAMAGE IN PERIPHERAL LEUKOCYTES

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Objectives The role of iron on Reactive Oxygen Species (ROS) generation by catalysing Fenton reaction have been suggested by many studies as an important factor in increasing oxidative DNA damage. Mitochondria represents an important biological source and target of ROS that induce 8-hydroxy-2'-deoxyguanosine (8-OHdG) formation. Occupational exposure to metal

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rich air particles, as reported in steel production process, constitutes an important source of metal exposure, in particular to iron.

Methods We measured 8-OHdG in mitochondrial DNA (mtDNA), by real-time PCR, in blood leukocytes from 113 healthy male foundry workers (mean age = 42.2 years, SD = 11.2) with high levels of exposure to metal-rich particles. Exposure to iron and others metals, was assessed in urine collected the same day of blood sampling, at the end of the standard working week. Multivariable regression models adjusted for age, body mass index (BMI), and smoking were designed to evaluate the relationship between urinary markers of exposure and 8-OHdG in mtDNA To assure normal distribution, 8-OHdG in mtDNA data were loge transformed, and the regression slopes were exponentiated to obtain the geometric mean ratio (GMR) for increments in one SD of exposure.

Results After a week of exposure, elevated levels of urinary iron, (mean Fe = $10.9\,$ g/g creat, SD = 7.9) were found among enrolled workers. Individual exposure level resulted positively associated with 8-OHdG formation in mtDNA in peripheral blood leukocytes (GMR = $1.22\,$ p = 0.03). The observed association was confirmed also after adjustment for potential confounders: age, BMI, and smoking (GMR = 1.22; p = 0.04).

Conclusions Our observation of exposure-related high levels of 8-HOdG suggests that iron exposure may induce mtDNA damage, a potential response to oxidative stress caused by iron-induced production of ROS. The potential toxicity of high-level of iron exposure due to 8-HOdG generation and its ability to induce G-T base modification deserves further investigation.

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A TWO-YEAR FOLLOW-UP STUDY OF SALIVARY CORTISOL CONCENTRATION AND THE RISK OF DEPRESSION

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Objectives Demanding psychosocial working conditions are a suspected cause of depression. High cortisol concentration, a biomarker of an activated stress response, has been found in depressed patients. Increased physiological stress has been suggested as a mechanism linking psychosocial working conditions and depression. The aim of this study was to determine if a high level of salivary cortisol is a risk factor of depression.

Methods In 2007, we enrolled 4,467 public employees. Morning and evening salivary cortisol concentration were measured for each participant. Participants reporting high levels of depressive, burnout, or stress symptoms, assessed by questionnaires were assigned to a psychiatric interview. In this interview 98 participants were diagnosed with depression and subsequently excluded. Two years later in 2009, 2,920 participants who had provided at least one valid saliva cortisol measurement at baseline participated at follow up. The psychiatric interviews were

repeated and 62 cases of newly onset depression were diagnosed. Odds ratios of depression were estimated for every 1.0 nmol/l increase in morning, evening, and daily mean cortisol concentration, as well as for the difference between morning and evening cortisol concentration.

Results The risk of depression decreased by increasing daily mean cortisol concentration and by increasing difference between morning and evening concentrations, while morning and evening cortisol concentrations were not significantly associated with depression. The adjusted odds ratios for 1.0 nmol/l increase in morning, evening, and mean daily cortisol concentration were 0.69 (95% CI: 0.45–1.05), 0.87 (0.59–1.27), and 0.54 (0.32–0.90), respectively. The adjusted odds ratio for 1.0 nmol/l increase in difference between morning and evening concentration were 0.64 (0.46–0.90).

Conclusions This study did not support the hypothesis that high salivary cortisol concentration is a risk factor of depression, but indicate that low mean salivary cortisol concentration and a small difference between morning and evening cortisol concentration may be risk factors of depression.

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OCCUPATIONAL NOISE EXPOSURE AND THE CORTISOL AWAKENING RESPONSE: THE IMPACT OF EXPOSURE LEVEL AND HEARING PROTECTION

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Objectives Environmental and occupational noise exposure have in some studies been related to increased risk of cardiovascular disease, hypothetically by activation of the hypothalamic-pituitary-adrenal (HPA) axis. The objective of this study was to investigate the relation between occupational noise exposure and the cortisol awakening response (CAR) as a measure of HPA activity. Methods This cross-sectional study included 398 industrial workers and as a reference 63 financial workers. Noise exposure levels were recorded every 5 seconds at the dominant shoulder by personal dosimeters for 24 hours and we calculated the LAeq value for work hours. For 310 workers who kept a diary on the use of hearing protection devices (HPD), we subtracted 10 dB from every noise recording obtained during HPD use and estimated the LAEq value at the ear. The next day salivary cortisol level was measured at awakening and after 10-60 min and the CAR was defined as the difference between the two.

Results The mean measured noise exposure level was 79.7 dB (A) [range: 55.0–94.2] and the mean estimated level at the ear 77.6 dB(A) [range: 55.0–94.2]. In a linear regression model that adjusted for sex, age, calendar month, income, body mass index, sampling time and duration since occupational noise exposure, we observed no statistically significant exposure response relation between noise exposure level and CAR. This was neither the case in analyses of the effect of noise level estimated at the ear nor in internal analyses restricted to the industrial workers.

Conclusions Neither measured nor estimated occupational noise exposure level was associated with the cortisol awakening response the following day. Thus, we found no indication that