# ORIGINAL ARTICLE

## Occupational contact dermatitis to nickel: experience of the British dermatologists (EPIDERM) and occupational physicians (OPRA) surveillance schemes

**K W Shum, J D Meyer, Y Chen, N Cherry, D J Gawkrodger**

### Aims

To examine, from occupational surveillance reporting data, whether scheme reporters considered nickel exposure to play a role in occupational contact dermatitis (OCD) in the UK.

### Methods

Data on occupational skin disease in the UK are collected by two occupational disease surveillance schemes, EPIDERM and OPRA. Cases of OCD believed to have relevant nickel exposure reported to EPIDERM or OPRA from February 1993 to January 1999 were studied.

### Results

An estimate of 1190 cases of occupational contact dermatitis thought to have relevant nickel exposure (12% of total estimated OCD) was derived from reports by dermatologists, an average of 198 per year. The highest incidence rates were seen in hairdressers (23.9/100 000 workers/year), bar staff (4.7), chefs and cooks (4.4), retail cash and checkout operators (2.8), and catering assistants (2.5). From May 1994 to January 1999, 158 cases of nickel associated dermatitis (1.9% of total OCD cases) were estimated; the most frequently reported occupations were electronic assemblers, nurses, sales assistants, and general assemblers. From July 1997 to January 1999, 547 positive patch tests to nickel were reported; in 195 cases (36%), nickel was felt to be a relevant occupational allergen (for example, coin handling). In hairdressers, nurses, cooks, and beauticians, nickel was usually considered, if relevant at all, to be only one of several causes of dermatitis.

### Conclusions

Up to 12% of total estimated cases of OCD were thought to be due in part to nickel. Results suggest that nickel hypersensitivity is one of several contributors to OCD in subjects with multiple occupational exposures. Coin handling may be a source of OCD to nickel.

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**Skin disorders, mainly contact dermatitis, account for a substantial proportion of occupational disease, nearly one fifth in some surveillance studies.** Nickel is potentially an important occupational allergen and in one series was thought to contribute to 31% of cases of occupational allergic contact dermatitis. Nickel has been regarded as the predominant occupational allergen in women and the eighth most common in men. Occupations commonly linked with nickel associated dermatitis include nickel plating, electroforming, hard metal work, and decorating and enamelling in the ceramics industry. Cleaners, nurses, caterers, hairdressers, and cashiers are potentially at risk, but the relevance of occupational nickel exposure to the causation of contact dermatitis in these occupations is often questioned.

National surveillance schemes for the reporting of occupational diseases in the UK have been active since 1989. Together these form the Occupational Disease Intelligence Network (ODIN), of which two component schemes, EPIDERM and OPRA (Occupational Physicians Reporting Activity), contribute to the reporting of occupational skin diseases. The aims of this study were to examine from occupational surveillance reporting data whether EPIDERM and OPRA scheme reporters considered nickel exposure to play a role in occupational contact dermatitis in the UK for cases reported between 1993 and 1999.

### METHODS

Methods for the surveillance of occupational skin disease have been described previously. In February 1994, all British consultant dermatologists, then numbering 244, reported incident cases of occupational skin disease to the EPIDERM surveillance scheme at the University of Manchester. The scheme was redesigned in January 1996, so that a “core group”, currently comprising 24 dermatologists with a special interest in occupational skin disease reported monthly, with the remaining “sample group” of all other UK dermatology consultants reporting cases seen during a specified calendar month of the year. The estimated yearly rate for the whole sample group was calculated by applying a multiplier of 12 to the reports obtained by monthly sampling. This figure was combined with the cases that had been reported monthly by the core physicians over the 12 month period in order to give estimated yearly figures for the whole group. Potentially, the whole population of the UK covered by the NHS, is included.

Participating dermatologists complete a reporting card for the month(s) in question, even if they had not seen a case of occupationally related illness during that month. Late responders were reminded by telephone or fax. On the reporting card, information was requested on seven categories of occupational skin disease. Details requested on each case included initials, sex, date of birth, abbreviated postcode, job, industry, and suspected agent(s). Patch tests in participating centres were performed in a standardised way, with a standard series including nickel. An allergen giving a positive allergic patch test was included if judged to be relevant occupationally in that particular case, as would be the case if there was known and more than transitory occupational contact with that substance. The British Association of Dermatologists has given some guidance on assessing relevancy.

From July 1997 onwards, in order to better understand the possible occupational role of nickel, dermatologists were asked to indicate all positive patch tests to nickel in all cases of occupational contact dermatitis (OCD) reported, and to...
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Results
From February 1993 to January 1999, an estimated 12,574 cases of occupational skin disease were reported by dermatologists (EPIDERM), of which 9,937 (79%) were OCD. In 1,190 cases (12% of OCD reported), nickel was one of the suspect agents (mean 198 cases/year; 912 females, 278 males; F:M ratio 3.3:1). Occupational physicians reported an estimate of 10,136 new cases of occupational skin disease in the period May 1994 to January 1999 (OPRA). Of these, 8,129 were OCD (80%), of which 157 (1.9%) were thought to be due at least in part to nickel (mean 33/year; 107 females, 50 males; F:M ratio 2.1:1). There are yearly fluctuations in period prevalences, but there is no consistent trend with time (Fig 1). The frequency of occupational nickel dermatitis for women decreased with age, with the highest rates seen in the 16–30 year age group in both schemes (Fig 2). There was no age pattern for men, although a slight increase is seen with increasing age in dermatologists' reports.

The occupations most frequently reported by dermatologists (EPIDERM) as believed to show an association between nickel exposure at work and OCD are hairdressers, cleaners, and cooks, with the highest rates (based on numbers employed in the occupation) in hairdressers, bar staff, and cooks (Table 1). Occupational physicians (OPRA) report the most frequent occupations to be electronic assemblers (24 cases), nurses (16), sales assistants (14), and general assemblers (12). Most cases reported by dermatologists were viewed as allergic contact dermatitis (62% of cases) or mixed allergic and irritant dermatitis (26%), with 7% regarded as primarily an irritant contact dermatitis (nickel contact allergy playing a secondary role) and 5% not specified.

From July 1997 to January 1999, dermatologists (EPIDERM) reported 547 patients (436 females, 111 males) with patch tests positive for nickel, of which 195 (36%) were thought to have nickel dermatitis arising from, or made worse by, work. Among women, hairdressers had the highest number of allergic positive patch tests to nickel but, in all except two cases, this was only one of several agents reported, and nickel was felt to be relevant (in terms of occupational exposure being likely and sufficient) in only 19% (Table 2). In the small number of subjects whose occupations involved handling coins and who were reported to have occupational dermatitis, nickel was often reported to be the sole agent.

Discussion
This report from the EPIDERM and OPRA surveillance schemes provides the national data from the UK on cases
of occupational dermatitis that were believed to be associated with exposure to nickel. In most epidemiological surveillance schemes, except the information network of departments of dermatology (IVDK) in Germany, there is some form of estimation from sample groups and our data are therefore comparable with those collected in other countries. OCD associated with nickel exposure accounted for 12% of cases reported by dermatologists, but only 2% of cases reported by occupational physicians. This difference may reflect the different population presenting to the two specialties. Those working in smaller or poorly regulated industries often have no access to an occupational health service and present figures that may be lower because there are fewer employed. High (for example, 11.4/100 000 for beauticians), but the common job. Conversely, for other work, the incidence is low (0.8/100 000 sales assistants), but this number may be lower because there are fewer employed.

In some groups, such as metal workers and electroplaters, it is agreed that occupational exposure can play a major part in the causation of dermatitis, although pre-existing nickel sensitivity has been shown in up to 88%.

Exposure to irritants and wet work impair the barrier function of the skin and may make sensitisation to nickel more likely, with worsening of the dermatitis. In other workers such as hairdressers, cleaners, cashiers, shop assistants, and caterers, there is a potential for occupational nickel exposure, but workplace levels of exposure are difficult to quantify and the contribution of nickel to OCD hard to assess. Hairdressers do have contact with instruments that contain nickel, and these have been shown to release nickel on exposure to permanent wave fluids, but with the current use of stainless steel instruments, the nickel release will be less. In cleaning jobs, used water and cloths have been shown to contain appreciable amounts of nickel. Cashiers, counter clerks, and shop assistants handle nickel containing coins, and caterers and catering assistants come into contact with metal objects, some of which release nickel.

### CONCLUSIONS

In a small number of cases, reporters to EPIDERM considered that nickel exposure from coin handling, in the absence of other sensitising exposures, may be a contributor to OCD. European Union regulations limit the amount of nickel

<table>
<thead>
<tr>
<th>Occupation (SOC)</th>
<th>Estimated cases</th>
<th>Rate/100 000/annum</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hairdressers (660)</td>
<td>172</td>
<td>23.9</td>
</tr>
<tr>
<td>Bar staff (662)</td>
<td>52</td>
<td>4.7</td>
</tr>
<tr>
<td>Chefs/cooks (620)</td>
<td>68</td>
<td>4.4</td>
</tr>
<tr>
<td>Retail cash &amp; checkout operators (721)</td>
<td>38</td>
<td>2.8</td>
</tr>
<tr>
<td>Catering assistants (953)</td>
<td>32</td>
<td>2.5</td>
</tr>
<tr>
<td>Counter clerks/cashiers (411)</td>
<td>43</td>
<td>2.2</td>
</tr>
<tr>
<td>Cleaners (958)</td>
<td>83</td>
<td>1.8</td>
</tr>
<tr>
<td>Nurses (340)</td>
<td>52</td>
<td>1.7</td>
</tr>
<tr>
<td>Metal workers (516)</td>
<td>39</td>
<td>1.7</td>
</tr>
<tr>
<td>Sales assistants (720)</td>
<td>57</td>
<td>0.8</td>
</tr>
<tr>
<td>Secretaries (459)</td>
<td>26</td>
<td>0.8</td>
</tr>
<tr>
<td>Overall</td>
<td>1190</td>
<td>0.8</td>
</tr>
</tbody>
</table>


### Table 2

Allergic positive patch tests to nickel and the reporting of nickel as a suspected occupational allergen

<table>
<thead>
<tr>
<th>Occupation</th>
<th>Cases with a positive allergic patch test to nickel</th>
<th>% of cases in which nickel was reported as a suspected agent</th>
<th>% of cases in which nickel was the sole suspected agent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hairdressers</td>
<td>77</td>
<td>19</td>
<td>4</td>
</tr>
<tr>
<td>Nurses</td>
<td>40</td>
<td>25</td>
<td>10</td>
</tr>
<tr>
<td>Chefs/cooks</td>
<td>27</td>
<td>26</td>
<td>11</td>
</tr>
<tr>
<td>Beauticians</td>
<td>26</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>Cleaners/domestics</td>
<td>19</td>
<td>79</td>
<td>63</td>
</tr>
<tr>
<td>Secretarial personnel</td>
<td>17</td>
<td>94</td>
<td>94</td>
</tr>
<tr>
<td>Floral arrangement</td>
<td>15</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Packers/bottlers</td>
<td>14</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Catering assistants</td>
<td>11</td>
<td>54</td>
<td>27</td>
</tr>
<tr>
<td>Counter clerks/cashiers</td>
<td>7</td>
<td>100</td>
<td>86</td>
</tr>
<tr>
<td>Cash/checkout operators</td>
<td>6</td>
<td>100</td>
<td>83</td>
</tr>
<tr>
<td>All occupations</td>
<td>436</td>
<td>33</td>
<td>20</td>
</tr>
</tbody>
</table>

Cases among women by occupation (July 1997–Jan 1999) reported by dermatologists (EPIDERM).
released from products which come into prolonged contact with the skin (to 0.5μg/cm²/week), but some nickel sensitive patients may still react to this level of nickel exposure. In Denmark, these regulations began in 1991 and a decrease in the frequency of nickel allergy in children has already been shown. The relevance of occupational exposure to nickel to the causation of OCD will only be assessable when workplace measurements are possible and thresholds for reactivity defined.

ACKNOWLEDGEMENTS
We thank Dr M H Beck and Dr R J G Rycroft, who were instrumental in setting up the scheme, and Lisa Humphrys and Tracy Field, for their assistance in the EPIDERM office.

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