

## A REPORT ON THE ABSENCE OF PNEUMOCONIOSIS AMONG WORKERS IN PURE LIMESTONE

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It is generally believed that exposure to limestone dust does not present a pneumoconiosis hazard. However, Doig (1955) has recently described cases of silicosis amongst limestone workers after prolonged exposure to high dust concentrations. The limestones concerned contained from 5 to 15% quartz as impurity, and dissolution of the calcium carbonate in the lung would leave a quartz-rich residue which may well have caused the disease. If this interpretation were correct no pneumoconiosis should occur amongst workers in pure limestone. It was decided to test this by radiological and clinical examination of men who should have been exposed to high dust concentrations of pure limestone for long periods of time.

The purest limestone found in sufficient quantity for commercial use in the British Isles occurs in the Buxton area of Derbyshire. This limestone is of the Lower Carboniferous age and contains upwards of 97% of calcium carbonate. Its quartz content is usually below 1%. There are many quarries and grinding plants in the area but the basic processes are identical in most plants. The quarried rock is broken by crushers, screened, and dried. The dried product is pulverized and bagged. Dust conditions vary with the type of machinery and ventilation systems in use. In general, the smaller and older plants are more dusty than the large modern ones. Rotary driers, pulverizers, and bagging machinery produce most of the dust but crushers and conveyors also can be very dusty. The ventilation systems usually discharge the dust into the open air above roof height, and its further dispersal is very much affected by wind and weather. There is a definite haze of dust in many plants and a covering of dust over machinery, ladders, and floors. The faces, hands, and clothing of the workers are covered by a layer of dust.

In the course of the survey made in the autumn

of 1954 a large number of quarries and grinding plants were visited.

The names of 29 men with histories of sufficiently long exposures to pure limestone dust were obtained. They were interviewed individually and occupational histories were taken. Fifteen had to be rejected because they had worked either with gritstone, chert, igneous rock, or in a brickworks at some time or other. This left a group of 14 men for clinical and x-ray examination; they had been exposed to heavy dust concentrations for periods varying from 12 to 35 years and had worked at eight plants given in code letters A to H in Tables 1, 2, and 3.

The 14 men were examined at the Manchester Royal Infirmary. Full-size radiographs were taken, and thorough clinical examinations were made. The main result of the work was that no trace of abnormalities due to dust could be seen on the radiographs nor was there any clinical sign of pneumoconiosis or of chronic bronchitis. Detailed results are given in Table 1.

### Dust Composition and Concentration

Samples of fine dust were obtained from the eight plants and analysed for quartz content; the results are given in Table 2, from which it will be

TABLE 2  
QUARTZ ANALYSIS OF LIMESTONE SAMPLES

Source	Acid Insoluble (%)	Quartz in Sample (%)
Plant A	0.3	0.1
" B	3.9	1.1
" C	2.3	0.3
" D	1.4	0.3
" E	1.7	0.2
" F	0.8	0.2
" G	0.5	0.2
" H	0.4	0.2

TABLE I  
CLINICAL FINDINGS OF 14 MEN EXPOSED TO PURE LIMESTONE DUST

Plant	Worker	Age	Exposure (years)	Occupational History	Past Medical History	Clinical Examination	Radiograph of Chest
A	J.P.	51	35	Has been in every process of industry and heavily exposed to limestone dust	In the past had 2 years gastric illness but apart from this nothing else	Chest N.A.D. Chest expansion 2 in. B.P. 130/80 mm.Hg. Weight 11 st. 8 lb.	Normal
A	T.A.G.	51	35	Has always been a quarryman: fitter's mate, crusherman, dust tipping (quarry spoil), quarry face (stone filler), plate-layer (for tubs), plant attendant	Nil	Chest N.A.D. Chest expansion 3 in. B.P. 130/80 mm.Hg. Weight 12 st. 1 lb.	Normal
A	S.I.W.	58	33	Maintenance fitter in plant. Heavy exposure to dust	Pneumonia at age 30, otherwise no serious illnesses	Chest N.A.D. Chest expansion 3 in. B.P. 180/100 mm.Hg. Weight 12 st. 4 lb.	Normal
A	J.S.W.	52	27	Plant attendant	Nil	Chest N.A.D. Chest expansion 2 in. B.P. 140/80 mm.Hg. Weight 12 st. 5½ lb.	Old scarring in 'L. apex. No active lesion
B	R.H.F.	39	12	General foreman: has done all jobs in the plant	Some 12 months ago began to get symptoms (of a psychoneurotic type) of being unable to take a deep breath, etc. Was radiographed at various places, nothing found. Reports that he has improved considerably over the last few months	Chest N.A.D. Chest expansion 4½ in. B.P. 120/75 mm.Hg. Weight 11 st. 3½ lb.	Normal
C	F.H.B.	76	23	Until the age of 52 worked in the engineering trade. Worked as a plant attendant until a year ago (when he was 75 years of age). Heavily exposed to dust	Nil	Remarkably youthful man for his age. Chest, occasional rhonchi heard. Chest expansion 3 in. B.P. 200/90 mm.Hg. Weight 12 st. 5 lb.	Both lung fields show a rather exaggerated pattern throughout and the lung markings extend peripherally farther than normal. Within the normal limits for his age
D	T.A.	52	35	Trimming, lettering, and machining limestone	At 17 years of age had pleurisy with effusion. Off 10 months. No further illness	A youthful 52. Chest N.A.D. Chest expansion 3 in. B.P. 190/110 mm. Hg. Weight 12 st. 10 lb.	There is an adhesion in the right costophrenic angle; the lung pattern is otherwise normal
E	R.L.A.	41	27	Plant attendant and bagger	At 14 years of age had bronchitis with measles	Chest N.A.D. Chest expansion 2 in. B.P. 120/80 mm. Hg. Weight 9 st. 12 lb.	Normal
E	J.F.	46	25	Plant attendant and bagger	Nil	Chest N.A.D. Chest expansion 2½ in. B.P. 145/110 mm.Hg. Weight 10 st. 9 lb.	Normal
F	W.G.	35	16	Limestone bagger	Nil	Chest N.A.D. Chest expansion 3 in. B.P. 130/90 mm.Hg. Weight 11 st.	Normal
G	W.H.P.	55	34	Limestone crusherman	Nil	Some kyphosis. Chest N.A.D. Chest expansion 2 in. B.P. 210/130 mm. Hg. Weight 10 st. 8 lb.	Left diaphragm higher than the right. No pulmonary lesion
G	G.W.E.	52	27	Plant attendant, bagger, and crusher	Nil	Chest N.A.D. Chest expansion 2½ in. B.P. 140/85 mm.Hg. Weight 10 st. 10 lb.	Normal
H	C.C.G.	44	21	Plant attendant	Nil	Chest N.A.D. Chest expansion 1½ in. B.P. 130/85 mm.Hg. Weight 11 st. 6 lb.	Normal
H	J.W.H.	47	20	Plant attendant	Nil	Marked kyphosis. Chest N.A.D. Chest expansion 3 in. B.P. 130/75 mm.Hg. Weight 8 st. 12 lb.	The left costophrenic angle blunt. No pulmonary lesion

seen that one sample had 1.1% of quartz and all others had less than 0.5%.

At three of the plants thermal precipitator samples were taken during working hours. These samples were taken at breathing level at places where men worked or passed, usually near a source of airborne dust. At two of the plants two thermal precipitators were used, sampling at approximately the same time within a few feet of each other.

The thermal precipitator samples were evaluated to give the concentration of particles within the size range 0.5 to 5 microns (Table 3). With some of the samples a complete size distribution of the particles was measured.

TABLE 3  
THERMAL PRECIPITATOR DUST COUNTS AT THREE  
LIMESTONE PLANTS

Plant	Sampling Point	0.5-5 $\mu$ particles per cc.	
		(I)*	(II)*
A	Mixing platform . . . . .	1,740	355
	Discharge from secondary crusher . . . . .	560	555
	Above coarse dust bunker . . . . .	2,350	3,350
	Vibratory screen platform . . . . .	1,250	2,030
	Two-foot cone crusher . . . . .	—	1,470
	Discharge from vertical driers . . . . .	1,560	1,790
	Loading and stacking bags . . . . .	690	790
	Between mills . . . . .	240	310
		3,640	2,420
D	Below primary crusher hopper . . . . .	590	460
	Above rotary screen . . . . .	515	60
	Discharge from secondary crusher above rotary drier . . . . .	3,620	2,450
	Discharge to screens from rotary drier above jaw crusher . . . . .	3,240	2,280
	At jaw crusher . . . . .	5,920	5,390
	Bagging from cyclone . . . . .	760	470
F	Top screens . . . . .	4,480	—
	Top Mill—middle floor pulmac mills . . . . .	5,390	—
	Top Mill—first floor . . . . .	5,030	—
	Top Mill—ground floor near bagging operator . . . . .	3,480	—
	Top Mill—basement discharge from rotary drier . . . . .	3,620	—
	Bottom Mill—near bagging operator . . . . .	2,650	—

\* I and II are duplicate samples.

Many of the samples showed high concentrations of dust, and those at plant F were of the order of 3,000 to 5,000 particles per cc. Even at Plant A, where extensive dust extraction equipment was installed, some of the dust counts were quite high. These results indicate the level of airborne dust concentrations to which workmen in the plants are exposed. The concentrations may vary appreciably with time, depending mainly on the amount and direction of ventilation and the degree of activity.

The size distributions were typical of airborne dust. In all cases over 80% of the particles were below 5 microns in size, and over 20% below 0.25 micron.

### Comment

Dust concentrations during the last 30 years are not known but it is very likely that they were higher than those found at the present time when much attention is paid to dust suppression. Nevertheless, many of the figures measured now showed dust counts of the order of 3,000 particles per cc. of a size between 0.5 and 5 microns. The quartz percentage of this dust was, however, extremely low. There was no sign of accumulated dust in the lungs of any of the men examined and no clinical evidence of bronchitis. It appears very likely that calcium carbonate can be eliminated from the lungs, probably by dissolution as calcium bicarbonate. It follows from these observations that long exposure to extremely high dust concentrations of pure limestone does not lead to any fibrosis of the lung.

### Summary

A clinical and an x-ray examination were carried out on 14 men who had worked in pure limestone for periods varying from 12 to 35 years; no evidence of pneumoconiosis was found although the dust counts showed many thousands of particles between 0.5 and 5 microns in the atmosphere to which the men were exposed.

This survey would have not been possible without the wholehearted cooperation of management, union officials, and workers at the quarries.

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### REFERENCE

Doig, A. T. (1955). *British Journal of Industrial Medicine*, 12, 206.